

Improving Outcomes For Criminal Justice Involved Substance Users—Huther Doyle's SHAPE Model Case Study

June 13, 2024 | 1:00 pm ET

Note: The following text was transcribed using Otter.ai. Any misspellings and typos are a result of that service being used.

00:00:04.035 --> 00:00:04.745

Hello, everyone.

1

00:00:04.745 --> 00:00:05.865

My name is Corey Thornton.

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00:00:05.865 --> 00:00:07.505

I'm the senior editor here at Open Minds,

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00:00:07.505 --> 00:00:10.185

and welcome to today's Circle, executive Round table,

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00:00:10.185 --> 00:00:13.025

improving Outcomes for Criminal Justice Involved Substance

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00:00:13.025 --> 00:00:15.825

Users, Heather Doyle's Shape Model case Study.

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00:00:15.825 --> 00:00:17.945

Joining us today from Heather Doyle is Craig Johnson,

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00:00:17.965 --> 00:00:20.265

the Chief Operating Officer in Maria

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00:00:20.495 --> 00:00:21.945

Panacas, senior Therapist.

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00:00:22.125 --> 00:00:24.585

Before we get started, have a couple housekeeping reminders.

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00:00:24.585 --> 00:00:26.265

Your audio for today is muted.

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00:00:26.265 --> 00:00:28.345

However, if you have any questions, we encourage you

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00:00:28.345 --> 00:00:30.505

to submit them in the question box at

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00:00:30.505 --> 00:00:31.625

the right hand side of your screen.

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00:00:31.725 --> 00:00:33.265

If there's time, we will address those

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00:00:33.265 --> 00:00:34.625

after the presentation.

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00:00:35.085 --> 00:00:37.145

And finally, the slides in the recording from today's round

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00:00:37.145 --> 00:00:38.545

table will be archived and available

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00:00:38.545 --> 00:00:40.145

for elite members on the Open Minds

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00:00:40.145 --> 00:00:41.425

website starting tomorrow.

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00:00:42.005 --> 00:00:43.505

And with that, here's Maria and Craig.

21

00:00:44.975 --> 00:00:48.285

Great, thank you so much, and good afternoon everyone.

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00:00:48.795 --> 00:00:50.205

Glad that you could join us.

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00:00:50.255 --> 00:00:53.805

We're very excited to talk about this initiative

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00:00:53.915 --> 00:00:57.365

that we've had in place, uh, activated for a good year

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00:00:57.505 --> 00:00:59.245

or more year only, probably a year

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00:00:59.245 --> 00:01:01.765

and a half in terms of some of the development and

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00:01:01.865 --> 00:01:06.125

and so on, um, that we refer to as this, uh, shape program.

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00:01:06.345 --> 00:01:08.805

And we'll talk a bit about what that's, that means

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00:01:08.825 --> 00:01:09.965

and what that's all about.

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00:01:10.185 --> 00:01:14.325

Um, just a little bit of of context, I guess I'd start,

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00:01:14.325 --> 00:01:17.685

you know, first, uh, myself, I was, uh, the director

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00:01:17.905 --> 00:01:21.805

of a reentry, uh, a, a jail, uh, based

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00:01:22.565 --> 00:01:25.965

reentry program for a couple of decades, um,

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00:01:26.145 --> 00:01:30.085

and spent a lot of time in, uh, incorrections as, uh, in,

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00:01:30.305 --> 00:01:31.445

in relation to that.

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00:01:31.625 --> 00:01:33.925

And, uh, been very involved in the, uh,

37
00:01:33.925 --> 00:01:35.165
addiction treatment field

38
00:01:35.345 --> 00:01:39.285
and working with, uh, people in systems, uh,

39
00:01:39.425 --> 00:01:41.045
for addressing the needs of people

40
00:01:41.045 --> 00:01:42.365
with co-occurring disorders.

41
00:01:42.465 --> 00:01:45.445
And so at Heer Doyle, after I af

42
00:01:45.445 --> 00:01:47.565
after I got outta jail, I always say, you know,

43
00:01:48.025 --> 00:01:51.365
and, uh, at Heer Doyle, uh, we're a very, uh,

44
00:01:51.585 --> 00:01:54.605
fairly long standing, probably 47 years,

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00:01:54.615 --> 00:01:56.285
48 years at this point.

46
00:01:57.025 --> 00:02:00.685
Um, a moderate size substance use treatment program that

47
00:02:01.225 --> 00:02:04.245
has some wonderful roots with a couple co-founders

48
00:02:04.585 --> 00:02:07.285
who went out in those days to, uh,

49
00:02:07.285 --> 00:02:09.325
the Twin Cities in Minneapolis, St.

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00:02:09.325 --> 00:02:11.285
Paul, and got sober and, uh,

51
00:02:11.625 --> 00:02:14.005
fairly prominent local families came back

52
00:02:14.065 --> 00:02:15.925
and started this organization.

53
00:02:16.185 --> 00:02:19.925
And over the years, Hugh Doyle, uh, migrated

54
00:02:20.025 --> 00:02:23.445
to a more urban area where we have two, uh,

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00:02:23.745 --> 00:02:25.645
key components in our organization.

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00:02:25.865 --> 00:02:27.565
One is the substance use clinic.

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00:02:28.105 --> 00:02:30.885
We have a mental health clinic coming on board as well.

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00:02:31.825 --> 00:02:34.365
Um, and we, oh, there we go. Thank you.

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00:02:34.905 --> 00:02:37.885
And, um, the, uh, care management, uh,

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00:02:38.065 --> 00:02:42.005
and we're in the clinic about 85%, uh, Medicaid.

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00:02:42.145 --> 00:02:45.365
And in the care management is health home model, of course,

62
00:02:45.445 --> 00:02:49.445
a hundred percent, uh, Medicaid, uh, enrolled, uh, folks.

63
00:02:49.825 --> 00:02:54.725
So what we observed was, uh, somewhat of the, the following

64
00:02:55.755 --> 00:02:59.125
that, uh, there's this pandemic thing that sort

65
00:02:59.205 --> 00:03:01.245
of turned the whole world inside out.

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00:03:01.865 --> 00:03:05.885
And in, in the wake of that, um, and through the pandemic.

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00:03:05.945 --> 00:03:08.845
And in the wake of that, I mean, you remember the defund,

68
00:03:08.905 --> 00:03:11.085
the police, uh, you know, we,

69
00:03:11.105 --> 00:03:13.005
we saw a number of things happening.

70
00:03:13.025 --> 00:03:16.565
And it seems like as we emerged, there were a few trends

71
00:03:16.565 --> 00:03:20.455
that, that we focused on, a number of trends

72
00:03:20.475 --> 00:03:23.135
and a number of changes, but a few that we focused on, one,

73
00:03:24.125 --> 00:03:26.415
that the, uh, the numbers of folks

74
00:03:26.955 --> 00:03:30.375
and the, uh, extent of their involvement in treatment,

75
00:03:30.375 --> 00:03:32.335
particularly outpatient treatment,

76
00:03:32.955 --> 00:03:34.455
uh, decrease significantly.

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00:03:34.915 --> 00:03:37.855
We have a, a, a local provider here that, for instance,

78
00:03:37.925 --> 00:03:42.055
went from about 1,150 outpatient visits

79
00:03:42.315 --> 00:03:46.135
for substance use treatment per month, uh, down

80
00:03:46.135 --> 00:03:47.215
to about 140.

81
00:03:47.875 --> 00:03:49.455
So there was a huge, yeah, outpatient.

82
00:03:49.475 --> 00:03:52.615
And yeah, there was a huge downward trend in the numbers

83
00:03:52.675 --> 00:03:54.255
of people involved in treatment.

84
00:03:54.255 --> 00:03:58.455
At the same time, the, uh, occurrence of

85
00:03:59.095 --> 00:04:02.655
substance use disorders seem to be, uh, static

86
00:04:02.795 --> 00:04:04.095
or even on increase.

87
00:04:04.235 --> 00:04:08.175
Of course, we've had the, all the changes with cannabis, uh,

88
00:04:08.175 --> 00:04:11.055
that has become just so mainstream in our, in our culture,

89
00:04:11.715 --> 00:04:15.655
and a few other just, uh, to mention some of the, the, uh,

90
00:04:15.655 --> 00:04:17.215
process addictions like gambling

91
00:04:17.395 --> 00:04:20.095
and gaming that we're just beginning to really, uh,

92
00:04:20.315 --> 00:04:22.615
be cognizant of in, in a lot of our areas.

93
00:04:22.835 --> 00:04:27.695
But, so along with that, um, we have, again, a, a a,

94
00:04:27.935 --> 00:04:30.495
a high level of people using substances.

95
00:04:30.495 --> 00:04:33.815
Certainly the fatality rates, uh, have,

96
00:04:33.845 --> 00:04:38.215
have not been dramatically changed, sadly, in many

97
00:04:38.275 --> 00:04:39.535
of our communities.

98
00:04:39.795 --> 00:04:43.435
Now, at the same time, it appears that a trend

99
00:04:43.435 --> 00:04:46.675
that started in the, uh, the family, uh, court system,

100
00:04:46.675 --> 00:04:49.275
the juvenile justice system of

101
00:04:49.955 --> 00:04:54.275
a much greater degree of leniency, um,

102
00:04:55.015 --> 00:04:58.315
really became very prevalent in the adult criminal

103
00:04:58.315 --> 00:04:59.555
justice system as well.

104
00:05:00.295 --> 00:05:03.795
Now, just to, you know, contextualize that, where none

105
00:05:03.795 --> 00:05:05.795
of us, I don't think are in favor of locking a bunch

106
00:05:05.795 --> 00:05:08.475
of people up, certainly not locking kids up, you know,

107
00:05:08.625 --> 00:05:09.755
it's not what we wanna do,

108
00:05:10.495 --> 00:05:14.955
but it would appear to, to some of us that the pendulum,

109
00:05:15.255 --> 00:05:19.955
if you will, has, uh, swung very far to the, to the right

110
00:05:21.205 --> 00:05:25.225
in terms of, of, um, uh, leniency

111
00:05:25.885 --> 00:05:29.985
and, uh, you know, allowing people to, you know,

112
00:05:30.165 --> 00:05:35.145
get high on probation, um, you know, all kinds of things

113
00:05:35.285 --> 00:05:37.985
to avoid a, a temporary

114
00:05:38.285 --> 00:05:42.255
or, um, a technical, uh, violation

115
00:05:42.315 --> 00:05:45.575
and re-incarceration that, you know, things that,

116
00:05:45.875 --> 00:05:48.815
and there's whole litany, a bail reform and raise the age

117
00:05:48.835 --> 00:05:52.535
and a number of things in New York state that, that are sort

118
00:05:52.535 --> 00:05:54.135
of part of that, that theme.

119
00:05:54.435 --> 00:05:57.925
So we observed the, the, those items.

120
00:05:58.065 --> 00:05:59.925
And even in, in, in social service

121
00:06:00.145 --> 00:06:03.565
and child protective, there seemed to be just a, a very,

122
00:06:03.715 --> 00:06:07.685
very high level of, of tolerance of, uh,

123
00:06:07.715 --> 00:06:10.285
what in some cases is, you know, harmful behavior.

124
00:06:10.425 --> 00:06:15.245
And, um, that this movement in the therapeutic world

125
00:06:15.905 --> 00:06:17.165
toward person-centered

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00:06:17.345 --> 00:06:20.685
and client-centered work that has been so prominent.

127
00:06:20.685 --> 00:06:23.885
In fact, we even joke at times, if you're brand new in the,

128
00:06:23.945 --> 00:06:25.365
uh, drug and alcohol

129
00:06:25.665 --> 00:06:27.285
or mental health field,

130
00:06:27.345 --> 00:06:29.325
you think all we do is motivational

131
00:06:29.325 --> 00:06:30.685
interviewing and nothing else.

132
00:06:31.065 --> 00:06:33.285
You know, um, well, we,

133
00:06:33.285 --> 00:06:35.605
we've thrown out another couple hundred, you know,

134
00:06:35.605 --> 00:06:37.845
counseling approaches by this,

135
00:06:37.845 --> 00:06:39.645
this strong emphasis in that arena.

136
00:06:40.465 --> 00:06:42.805
So we saw some, some disconnects.

137
00:06:43.465 --> 00:06:45.805
Uh, we saw some things were of, of concern.

138
00:06:46.305 --> 00:06:49.285
We saw a lot of people needing treatment that sort

139
00:06:49.285 --> 00:06:52.525
of decided not to, and that the enforcement

140
00:06:52.825 --> 00:06:57.485
and the criminal justice response was not, uh, uh,

141
00:06:57.665 --> 00:06:59.245
uh, did not hold them accountable.

142
00:07:00.975 --> 00:07:04.355
So all those things together, uh, became a, a concern

143
00:07:04.615 --> 00:07:05.715
of, of ours.

144
00:07:06.255 --> 00:07:07.955
Um, and that the more

145
00:07:08.455 --> 00:07:11.395
and the treatment side, were not police, we're not judges.

146
00:07:11.685 --> 00:07:14.035
We're not the ones that need to, you know,

147
00:07:14.035 --> 00:07:16.515
change this whole, uh, perspective

148
00:07:16.775 --> 00:07:19.035
or this whole broad range of approaches,

149
00:07:19.455 --> 00:07:22.715
but we're a piece of this as we work with, uh,

150
00:07:23.115 --> 00:07:24.955
criminal justice, uh, agencies

151
00:07:24.955 --> 00:07:26.555
and criminal justice entities.

152
00:07:27.295 --> 00:07:30.235
And so, we, uh, came up with this shape program,

153
00:07:30.295 --> 00:07:31.995
and we'll tell you shortly what that is,

154
00:07:32.335 --> 00:07:34.475
but just real quickly, and I wanna turn it over to,

155
00:07:34.475 --> 00:07:35.875
to Maria here, that, that, um,

156
00:07:36.545 --> 00:07:38.515
when we went out a little over a year ago

157
00:07:38.515 --> 00:07:41.595
and talked with a whole lot of people, city court judges,

158
00:07:41.975 --> 00:07:44.035
and the county magistrates

159
00:07:44.335 --> 00:07:49.235
and probation parole, uh, federal probation pretrial,

160
00:07:49.935 --> 00:07:52.275
uh, some of the agencies working in reentry

161
00:07:52.275 --> 00:07:56.555
and so on, that the, uh, the results that we heard

162
00:07:57.465 --> 00:08:01.075
when we described this program with a heightened level

163
00:08:01.615 --> 00:08:06.475
of accountability, follow through communication

164
00:08:07.335 --> 00:08:09.355
was a, a resounding applause.

165
00:08:09.815 --> 00:08:10.995
You know, in fact, to the extent

166
00:08:10.995 --> 00:08:13.555
that a few folks didn't even let us kind of get

167
00:08:13.555 --> 00:08:15.675
through our whole presentation, they're like, oh my gosh,

168
00:08:15.765 --> 00:08:17.035
we've been waiting for this.

169
00:08:17.495 --> 00:08:21.915
And because some of them felt essentially, uh,

170
00:08:21.915 --> 00:08:25.275
rendered somewhat impotent in being able to really respond

171
00:08:25.815 --> 00:08:28.995
to the misbehavior that they were seeing from people

172
00:08:29.095 --> 00:08:31.995
who had criminal charges or criminal convictions.

173
00:08:32.695 --> 00:08:35.195
At one point, we had, uh, I think just kind of

174
00:08:35.195 --> 00:08:38.675
before we, we activated some of this, our sheriff, uh,

175
00:08:38.745 --> 00:08:41.595
from Monroe County, sorry, are in Rochester, Monroe County,

176
00:08:42.295 --> 00:08:44.155
was essentially down on the steps

177
00:08:44.215 --> 00:08:48.355
of the capitol in Albany saying, let us lock people up

178
00:08:48.355 --> 00:08:51.995
that need to be locked up to protect the rest of us.

179
00:08:52.695 --> 00:08:55.325
So, you know, we've been very active and vocal

180
00:08:55.585 --> 00:08:57.605
and working with criminal justice folks

181
00:08:58.065 --> 00:09:00.925
to bring the pendulum back a little bit, if you will.

182
00:09:01.305 --> 00:09:02.725
We wanna be client, client centered.

183
00:09:02.865 --> 00:09:05.085
We wanna use harm reduction, we want to work

184
00:09:05.085 --> 00:09:06.205
with people where they're at.

185
00:09:07.105 --> 00:09:09.285
And at the same time, we don't wanna put people in jail,

186
00:09:09.705 --> 00:09:10.925
you know, uh, uh,

187
00:09:11.025 --> 00:09:15.325
but the same time, um, we, we very much, uh, wanna be part

188
00:09:15.325 --> 00:09:19.325
of a solution, which is, which is more balanced than perhaps

189
00:09:19.455 --> 00:09:20.965
where we have, have landed.

190
00:09:21.705 --> 00:09:22.705
So, Maria,

191
00:09:26.465 --> 00:09:27.465
Hi everybody. My name is

192
00:09:27.465 --> 00:09:28.485
Maria Pandas.

193
00:09:28.525 --> 00:09:31.085
I am a licensed clinical social worker in New York State.

194
00:09:31.745 --> 00:09:33.845
Um, just a little bit about my background.

195
00:09:34.245 --> 00:09:36.325
I come from a mental health background.

196
00:09:36.885 --> 00:09:38.925
I fell into addictions about 11 years ago,

197
00:09:39.185 --> 00:09:41.005
and with my work with trauma

198
00:09:41.625 --> 00:09:43.365
and mental health, I kind of find an,

199
00:09:43.525 --> 00:09:46.325
I found a niche here in co-occurring disorders.

200
00:09:47.145 --> 00:09:49.065
I apologize. Right now, I'm getting over being sick.

201
00:09:49.805 --> 00:09:52.545
Um, so my voice is gonna sound kind of coming and out.

202
00:09:52.685 --> 00:09:54.185
I'm trying to be as loud as I can.

203
00:09:54.885 --> 00:09:59.265
Um, and so, you know, doing, I worked with, um, adolescents

204
00:09:59.265 --> 00:10:01.425
and at-Risk Youth for the majority of my career,

205
00:10:02.545 --> 00:10:06.025
flipping over to working with adults in chemical dependency

206
00:10:06.205 --> 00:10:07.385
and co-occurring disorders.

207
00:10:07.385 --> 00:10:11.065
When I came here to youth through Doyle, um, I found

208
00:10:11.065 --> 00:10:13.385
that the puzzle pieces kind of were fitting,

209
00:10:13.605 --> 00:10:16.665
and I was doing the work that I really wanted to do,

210
00:10:16.665 --> 00:10:21.055
and helping people kind of put forth their best efforts

211
00:10:21.155 --> 00:10:22.295
and foot and feet

212
00:10:22.395 --> 00:10:24.615
and get to where they wanted to be in their lives.

213
00:10:24.715 --> 00:10:26.855
And, you know, when I first started out in this field,

214
00:10:26.855 --> 00:10:28.615
it was abstinence only across the board.

215
00:10:28.615 --> 00:10:29.895
Everything was abstinence,

216
00:10:29.895 --> 00:10:31.695
whether you wanted it or you didn't.

217
00:10:32.235 --> 00:10:36.135
The state said, Hey, if you're gonna do, uh, an agency

218
00:10:36.405 --> 00:10:38.055
that you know, is overseen by us,

219
00:10:38.235 --> 00:10:39.655
the model is abstinence only.

220
00:10:39.655 --> 00:10:41.255
And there was really no wiggle room.

221
00:10:41.595 --> 00:10:43.655
Um, and over the years, things have flipped around

222
00:10:43.685 --> 00:10:44.695
with, you know, oasis.

223
00:10:44.845 --> 00:10:47.535
Sometimes it's abstinence, sometimes it's harm reduction,

224
00:10:47.545 --> 00:10:50.535
other times it's person centered.

225
00:10:50.755 --> 00:10:53.895
So now we're in the, our person centered era, which has kind

226
00:10:53.895 --> 00:10:58.305
of gone left, um, where we want it

227
00:10:58.305 --> 00:10:59.345
to be kind of in the middle.

228
00:10:59.605 --> 00:11:02.535
So when we look at, um,

229
00:11:03.725 --> 00:11:08.605
when we look at the way that, um, society,

230
00:11:08.725 --> 00:11:10.645
I guess look at, you know,

231
00:11:10.695 --> 00:11:12.285
folks in the criminal justice system

232
00:11:12.345 --> 00:11:15.405
and folks who are, you know, who struggle with mental health

233
00:11:15.505 --> 00:11:19.025
and substance abuse, you see, um, you know,

234
00:11:19.535 --> 00:11:22.025
everybody has the answer, lock them up,

235
00:11:22.125 --> 00:11:24.905
or they, you know, should be cut off from all types

236
00:11:24.905 --> 00:11:26.185
of support because you're using,

237
00:11:26.605 --> 00:11:30.985
and in the past, you know, tough love approach was

238
00:11:31.095 --> 00:11:32.265
what was going on.

239
00:11:32.565 --> 00:11:34.945
AA and AA programs, you had tough love approaches,

240
00:11:35.125 --> 00:11:36.785
cut 'em off, don't give them anything.

241
00:11:36.835 --> 00:11:38.745
Don't give them support. Don't give them love.

242
00:11:39.555 --> 00:11:41.965
Just let them be on their own if that's what they wanna do.

243
00:11:42.395 --> 00:11:46.085
Type of, you know, mentality to where now we're in 2024,

244
00:11:46.105 --> 00:11:49.325
and we know that the crux of addiction is isolation.

245
00:11:50.065 --> 00:11:53.485
It is separation. You know, it is people struggling

246
00:11:53.555 --> 00:11:56.965
with those relationships, um, in their lives.

247
00:11:57.065 --> 00:11:59.125
And so when we cut that all off

248
00:11:59.125 --> 00:12:00.285
and we don't give it oxygen,

249
00:12:00.295 --> 00:12:02.685
we're not even giving it a chance to kind of breathe.

250
00:12:03.105 --> 00:12:06.045
So person-centered care came

251
00:12:06.185 --> 00:12:08.565
and kind of knocked everybody off their feet

252
00:12:08.565 --> 00:12:10.285
because we want to be person-centered.

253
00:12:10.385 --> 00:12:12.045
We want to meet people where they are.

254
00:12:12.505 --> 00:12:15.445
Um, however, a lot of our clients come from places

255
00:12:15.455 --> 00:12:17.725
where they are also being monitored and supervised,

256
00:12:17.745 --> 00:12:22.665
and we want to best help those clients not re-offend

257
00:12:22.765 --> 00:12:25.265
and not go back into incarceration,

258
00:12:25.325 --> 00:12:26.625
not be violated on probation.

259
00:12:26.625 --> 00:12:27.865
So how do we best do that?

260
00:12:29.345 --> 00:12:33.965
Um, for a while, um, here at Heath Doyle, probably

261
00:12:33.965 --> 00:12:36.415
for about a good two years

262
00:12:36.515 --> 00:12:38.775
before the pandemic, during the pandemic,

263
00:12:38.955 --> 00:12:42.495
and up to about last year, I was the care, um,

264
00:12:42.795 --> 00:12:44.775
the case manager for drug court,

265
00:12:44.775 --> 00:12:45.895
our drug court participants,

266
00:12:45.895 --> 00:12:47.095
our treatment court participants.

267
00:12:47.875 --> 00:12:51.735
Um, we saw, uh, we had DWI court,

268
00:12:51.795 --> 00:12:54.215
we had felony drug court, Rochester City Court,

269
00:12:54.275 --> 00:12:56.935
and then I also had my own client caseload

270
00:12:57.795 --> 00:12:59.815
in mental health court and in Veterans Court.

271
00:12:59.815 --> 00:13:00.895
But those were the two courts.

272
00:13:00.895 --> 00:13:02.655
We, we weren't, we didn't have a presence

273
00:13:02.655 --> 00:13:03.775
in, in terms of a case manager.

274
00:13:04.475 --> 00:13:06.775
Um, and so firsthand,

275
00:13:06.895 --> 00:13:09.935
I saw the need while in the courtroom presenting my clients

276
00:13:10.115 --> 00:13:13.265
to the judges, where I had, I had the knowledge

277
00:13:13.265 --> 00:13:14.985
of substance use and mental health,

278
00:13:15.165 --> 00:13:18.465
and having these two strong backgrounds, I was able

279
00:13:18.465 --> 00:13:21.785
to advocate for my clients in a way that was understood

280
00:13:22.085 --> 00:13:23.745
to law enforce to, not law enforcement,

281
00:13:23.745 --> 00:13:25.345
but to the judges, um,

282
00:13:25.685 --> 00:13:30.255
and to, uh, probation parole, anybody who was in

283
00:13:30.255 --> 00:13:31.775
that courtroom for that client's case.

284
00:13:32.515 --> 00:13:35.255
Um, and being able to advocate

285
00:13:35.255 --> 00:13:36.615
for things like, okay, you know what?

286
00:13:37.275 --> 00:13:39.135
We did it this way. Why don't we add mental health?

287
00:13:39.235 --> 00:13:43.175
See if this helps. So instead of doing it piecemeal, right,

288
00:13:43.185 --> 00:13:44.975
we're going to kind of add this, see how it goes,

289
00:13:44.995 --> 00:13:46.735
and if this doesn't work, then we're gonna add this.

290
00:13:47.115 --> 00:13:50.875
Uh, the SHAPE program allows us to kind

291
00:13:50.875 --> 00:13:53.875
of do everything in one spouse swoop.

292
00:13:54.525 --> 00:13:57.115
There is a lack of, there has be,

293
00:13:57.525 --> 00:13:59.395
there has been a lack of accountability.

294
00:13:59.695 --> 00:14:01.755
The courts obviously follow case law.

295
00:14:01.755 --> 00:14:03.435
They follow rules and laws

296
00:14:03.455 --> 00:14:06.955
and things, you know, handed down federally probation, kind

297
00:14:06.955 --> 00:14:09.355
of follow suit, social services and law enforcement.

298
00:14:09.415 --> 00:14:13.435
So, um, social services, for example, pre pandemic,

299
00:14:14.185 --> 00:14:16.915
they did account for your attendance.

300
00:14:17.375 --> 00:14:19.875
You had to keep, maintain about 85% attendance

301
00:14:19.935 --> 00:14:24.075
for our local DSS in order for your case to stay active.

302
00:14:24.935 --> 00:14:28.755
Um, if you fell below that without good reason, we'll say,

303
00:14:28.815 --> 00:14:32.285
you know, it was that you were sanctioned from,

304
00:14:32.285 --> 00:14:35.245
your case was closed for 30 days, first offense, I believe.

305
00:14:35.975 --> 00:14:40.305
Um, we've now kind of shifted that post pandemic to,

306
00:14:41.565 --> 00:14:43.575
well, if you just report that they're not showing up,

307
00:14:43.575 --> 00:14:45.175
then we're gonna have a discussion with them.

308
00:14:45.515 --> 00:14:49.135
Um, so we've kind of loosened up a lot of the things that,

309
00:14:49.275 --> 00:14:51.285
you know, might need to, the what?

310
00:14:51.385 --> 00:14:53.045
The lot of the system. The system, yeah. Yeah.

311
00:14:54.065 --> 00:14:58.005
But, and, and I realize a lot of times it was punitive.

312
00:14:58.265 --> 00:15:01.205
So we don't wanna look at things as being punitive.

313
00:15:01.225 --> 00:15:05.445
We want it to be, when we say the appropriate, um,

314
00:15:05.615 --> 00:15:09.165
punishment for the crime, um, so to speak,

315
00:15:09.745 --> 00:15:12.085
we wanna look at it being fair across the board.

316
00:15:12.225 --> 00:15:16.685
You know, um, in terms of probation, you have

317
00:15:17.465 --> 00:15:18.975
three different types of probation.

318
00:15:19.275 --> 00:15:23.505
Um, and some people will kind of work very well

319
00:15:23.505 --> 00:15:25.265
with their pos and do what they need to do.

320
00:15:25.285 --> 00:15:26.745
And then other people are kind of like, ah,

321
00:15:26.745 --> 00:15:28.225
you're not coming after me, so I'm gonna

322
00:15:28.425 --> 00:15:29.585
continue to do what I need to do.

323
00:15:30.205 --> 00:15:31.905
And that means not coming to appointments,

324
00:15:31.905 --> 00:15:35.025
that means not staying connected with MAT, that means kind

325
00:15:35.025 --> 00:15:37.025
of ripping and running the streets like you were doing

326
00:15:37.025 --> 00:15:39.705
before, so that, that oversight is kind of gone.

327
00:15:39.725 --> 00:15:41.865
But now with this program, we're able to kind

328
00:15:41.865 --> 00:15:43.305
of bring all those things to the forefront.

329
00:15:43.525 --> 00:15:44.545
We talk about those things.

330
00:15:45.715 --> 00:15:50.255
Um, high tolerance threshold regarding what's acceptable.

331
00:15:51.395 --> 00:15:54.065
Associated, okay, so marijuana is legal,

332
00:15:54.445 --> 00:15:58.545
but we still do admit clients, um, who have even a mild

333
00:15:59.105 --> 00:16:01.025
diagnosis for cannabis, especially if they have

334
00:16:01.665 --> 00:16:03.305
a polysubstance problem.

335
00:16:03.565 --> 00:16:05.105
So, you know, somebody

336
00:16:05.105 --> 00:16:07.185
who might have a mild cannabis diagnosis

337
00:16:07.405 --> 00:16:09.945
and they have alcohol use disorder or severe,

338
00:16:09.965 --> 00:16:10.985
but it's in remission.

339
00:16:11.485 --> 00:16:13.985
So we will still take a look if they are connected

340
00:16:13.985 --> 00:16:16.945
to a legal entity, we will engage those clients in

341
00:16:16.945 --> 00:16:21.155
treatment, um, if they fit that criteria still as using.

342
00:16:21.815 --> 00:16:26.395
Um, but somebody who comes in self-referred may

343
00:16:27.555 --> 00:16:30.525
come in for whatever substance use issue they have.

344
00:16:30.545 --> 00:16:32.765
So if they have a mild cannabis diagnosis,

345
00:16:33.065 --> 00:16:35.565
but they wanna quit using altogether, you know,

346
00:16:35.985 --> 00:16:37.205
we will meet them where they're at

347
00:16:37.205 --> 00:16:38.525
and kind of help them with those goals

348
00:16:38.525 --> 00:16:39.965
until they feel they've reached their goals.

349
00:16:40.505 --> 00:16:44.415
So, um, it becomes

350
00:16:45.205 --> 00:16:48.375
difficult sometimes when, you know, like,

351
00:16:48.905 --> 00:16:50.015
again, marijuana is legal.

352
00:16:50.075 --> 00:16:52.615
So when I get clients on A-D-W-I-D-U-A-I,

353
00:16:52.635 --> 00:16:56.415
but it's not alcohol based, it's cannabis based.

354
00:16:56.635 --> 00:17:01.055
And well, you know, I'm here for, you know, cannabis,

355
00:17:01.075 --> 00:17:05.335
not alcohol, but they have, they do screen positive for,

356
00:17:05.395 --> 00:17:07.335
you know, alcohol use disorder, moderate.

357
00:17:09.195 --> 00:17:10.665
We'll still engage 'em in treatment.

358
00:17:10.965 --> 00:17:15.105
Um, but with the crux of, you can't drive with any

359
00:17:15.815 --> 00:17:17.625
alcohol or any substance in your system,

360
00:17:17.905 --> 00:17:19.865
actually not even prescription medications.

361
00:17:19.865 --> 00:17:23.665
And many people, while they might, they might know it,

362
00:17:23.735 --> 00:17:25.945
they may make an excuse, well, it's prescribed,

363
00:17:25.945 --> 00:17:27.265
my doctor gave me a prescription,

364
00:17:27.265 --> 00:17:29.185
so it's okay if I drive on my Vicodin.

365
00:17:29.185 --> 00:17:31.785
If you look at the bottle on the pill bottle, it says,

366
00:17:31.805 --> 00:17:33.425
do not operate heavy machinery,

367
00:17:33.425 --> 00:17:35.385
which includes driving your vehicle.

368
00:17:36.125 --> 00:17:37.265
Um, and

369
00:17:37.265 --> 00:17:40.105
so these things may not straight bring you into treatment,

370
00:17:40.205 --> 00:17:42.025
but we do look at them

371
00:17:42.205 --> 00:17:45.265
and your history when we look at your evaluation.

372
00:17:47.075 --> 00:17:50.325
Um, so from the beginning to the end of treatment,

373
00:17:50.325 --> 00:17:53.205
when I get a client who is, uh, appropriate for shape,

374
00:17:53.665 --> 00:17:56.205
we are looking not only at their substance use history,

375
00:17:56.205 --> 00:17:57.285
their mental health history,

376
00:17:57.385 --> 00:18:01.365
and also any social determinants that could potentially

377
00:18:02.895 --> 00:18:05.385
lead them down those same paths that they kind

378
00:18:05.385 --> 00:18:07.585
of got connected to legal in the first place.

379
00:18:07.665 --> 00:18:10.105
Homelessness, we're looking at unemployment,

380
00:18:10.115 --> 00:18:12.145
we're looking at medical health stuff.

381
00:18:12.885 --> 00:18:14.985
Um, sometimes the criteria

382
00:18:15.055 --> 00:18:18.065
that gets you admitted into treatment might simply be if you

383
00:18:18.065 --> 00:18:21.025
have a mild diagnosis for cannabis, but you have COPD

384
00:18:21.725 --> 00:18:24.465
and you're currently actively in treatment for that.

385
00:18:24.565 --> 00:18:27.745
We might also look at that as a criteria for, you know,

386
00:18:27.745 --> 00:18:28.825
knowingly continuing

387
00:18:28.825 --> 00:18:31.025
to use substances when you have a medical

388
00:18:31.325 --> 00:18:32.705
or a psychological problem.

389
00:18:33.405 --> 00:18:36.745
Um, and you're not actively looking at trying

390
00:18:36.805 --> 00:18:38.745
to decrease your use.

391
00:18:39.365 --> 00:18:42.345
Um, and so the person centered model kind of goes against

392
00:18:43.135 --> 00:18:46.385
that, because if they wanna continue to use,

393
00:18:46.385 --> 00:18:48.585
we should just let them kind of do whatever they want.

394
00:18:48.585 --> 00:18:50.905
And that's been the stance that a lot

395
00:18:50.905 --> 00:18:53.505
of outpatient providers have taken, a lot

396
00:18:53.505 --> 00:18:56.865
of legal people have taken, is, these are the laws we could,

397
00:18:56.885 --> 00:18:59.065
we can work with them or we can work around them.

398
00:18:59.725 --> 00:19:03.185
But when we look at the community as a whole,

399
00:19:03.215 --> 00:19:05.465
when we look at the people that we're seeing

400
00:19:05.645 --> 00:19:08.905
and kind of where they fit in our community, the jobs

401
00:19:08.905 --> 00:19:11.695
that they're doing, you know, I have, I have a lot

402
00:19:11.695 --> 00:19:16.295
of DWI clients who are, who before the DWI were CDL drivers.

403
00:19:16.485 --> 00:19:19.255
They drove trucks long distances, but they were still using.

404
00:19:19.435 --> 00:19:23.735
And when we look at the statistics of, you know, um,

405
00:19:24.605 --> 00:19:25.855
crashes, even if drugs

406
00:19:25.855 --> 00:19:27.655
and alcohol aren't involved, those trach

407
00:19:27.655 --> 00:19:29.735
or trailer crashes are pretty devastating.

408
00:19:30.195 --> 00:19:33.135
Um, multiple, multiple fatalities.

409
00:19:33.135 --> 00:19:36.495
Sometimes, sometimes everybody kind of gets out unscathed,

410
00:19:36.515 --> 00:19:37.775
but still very traumatic.

411
00:19:38.315 --> 00:19:42.135
Um, and so our job isn't just to, you know, stop the drug

412
00:19:42.135 --> 00:19:44.375
and alcohol use and manage the mental health symptoms.

413
00:19:44.405 --> 00:19:45.575
It's also to educate.

414
00:19:46.215 --> 00:19:50.905
It's also to educate on why we want to continue to look at,

415
00:19:51.605 --> 00:19:54.505
you know, working with a shape type program.

416
00:19:55.205 --> 00:19:57.505
You know, staying abstinent, getting the information.

417
00:19:57.965 --> 00:20:02.295
Um, many of our clients do have untreated mental health.

418
00:20:02.915 --> 00:20:05.415
Um, but through our program,

419
00:20:05.415 --> 00:20:07.335
getting them evaluated is important.

420
00:20:07.875 --> 00:20:12.125
Um, and being able to kind of combat

421
00:20:12.125 --> 00:20:15.235
that while we're doing chemical dependency.

422
00:20:15.355 --> 00:20:17.235
'cause that co-occurring, that has happened

423
00:20:17.235 --> 00:20:18.475
for a really long time,

424
00:20:18.495 --> 00:20:21.795
and that has not a new, you know, it's not a new thing.

425
00:20:21.935 --> 00:20:25.695
But historically, we've all worked in silos.

426
00:20:25.695 --> 00:20:27.135
The mental health field and the

427
00:20:28.055 --> 00:20:30.575
substance abuse field have worked in silos

428
00:20:30.715 --> 00:20:31.815
for a really long time.

429

00:20:32.515 --> 00:20:35.925

Um, every time I think we're coming closer and closer

430

00:20:35.925 --> 00:20:38.325

and closer together, something happens at the state

431

00:20:38.325 --> 00:20:42.715

and federal level that kind of diverges us again.

432

00:20:42.975 --> 00:20:45.315

And then we do what we can to kind of get back together.

433

00:20:45.315 --> 00:20:46.355

Because these two things,

434

00:20:46.865 --> 00:20:48.565

things are literally like a puzzle piece

435

00:20:48.565 --> 00:20:50.365

that fit hand and glove.

436

00:20:50.995 --> 00:20:54.325

They have to be. And in our shape model,

437

00:20:54.545 --> 00:20:57.125

it is definitely the crux of the entire model.

438

00:20:57.585 --> 00:20:59.085

Um, you don't just have one person

439

00:20:59.185 --> 00:21:01.165

who just has mental health anymore.

440

00:21:01.165 --> 00:21:02.485

You don't just have a person who has

441

00:21:02.485 --> 00:21:03.885

just substance abuse anymore.

442

00:21:04.065 --> 00:21:06.325

So, um, when we look at both,

443
00:21:06.385 --> 00:21:09.185
and when we look at quality of life, um,

444
00:21:10.015 --> 00:21:12.345
some people's use may be superseded

445
00:21:12.405 --> 00:21:15.225
by their mental health symptoms and vice versa.

446
00:21:15.335 --> 00:21:17.975
Sometimes some people's use, you know,

447
00:21:17.975 --> 00:21:20.095
their mental health supersedes their,

448
00:21:20.275 --> 00:21:22.095
or their substance abuse, supersedes their mental health

449
00:21:22.155 --> 00:21:25.055
and kind of aids in those, um, active symptoms.

450
00:21:25.515 --> 00:21:26.655
So, mm-Hmm.

451
00:21:27.575 --> 00:21:29.825
Yeah, I was gonna say the, the, the, the comments, uh,

452
00:21:30.075 --> 00:21:31.705
about, you know, substance use field

453
00:21:31.765 --> 00:21:32.945
and the mental health field

454
00:21:33.165 --> 00:21:36.505
and, uh, some of the, the, the siloing and,

455
00:21:36.845 --> 00:21:37.985
and separate approaches.

456
00:21:38.445 --> 00:21:42.065
Um, and I guess in a way, what the shape model does is to,

457

00:21:42.525 --> 00:21:45.305

uh, almost add a third leg, like a three legged stool

458

00:21:45.325 --> 00:21:47.905

for those that are involved in the criminal justice system.

459

00:21:48.085 --> 00:21:51.265

And again, as a base, we are already serving close.

460

00:21:51.315 --> 00:21:55.145

50, 60% of the, the folks that we have been working with,

461

00:21:55.645 --> 00:21:59.145

uh, historically have had criminal justice involvement.

462

00:21:59.325 --> 00:22:02.465

And, and we've been, uh, you know, sort of seeking referrals

463

00:22:02.485 --> 00:22:06.505

and working with the, the criminal justice system and so on.

464

00:22:06.525 --> 00:22:10.425

So now that number's up, uh, even higher, I think we're 75,

465

00:22:10.425 --> 00:22:12.385

80% of the individuals we work

466

00:22:12.385 --> 00:22:14.665

with have some criminal justice involvement or,

467

00:22:15.165 --> 00:22:17.265

or, uh, significant past history.

468

00:22:18.005 --> 00:22:21.665

And so, uh, the way that we see this is the substance use,

469

00:22:21.665 --> 00:22:23.305

mental health and the criminal justice.

470

00:22:24.045 --> 00:22:26.785

And, and again, kind of a three-legged stool type of model

471
00:22:26.785 --> 00:22:30.545
with each of these, uh, concerns, at least for these, uh,

472
00:22:30.545 --> 00:22:33.825
these individuals, um, to be addressed and,

473
00:22:33.845 --> 00:22:35.785
and considering kind of all of the above.

474
00:22:35.845 --> 00:22:37.945
And so here, here's the, here's

475
00:22:37.945 --> 00:22:42.025
what we've been talking about is an approach that, uh, is,

476
00:22:42.085 --> 00:22:45.505
uh, essentially represents an enhancement in structure.

477
00:22:46.955 --> 00:22:51.295
Uh, so we have moved toward trying to get more people live

478
00:22:51.355 --> 00:22:54.135
and in person into services, trying

479
00:22:54.135 --> 00:22:57.255
to get more people back into intensive services.

480
00:22:57.565 --> 00:22:59.975
When I mentioned that just another program,

481
00:23:00.115 --> 00:23:02.375
and this has been a trending, really across the board,

482
00:23:02.965 --> 00:23:07.575
that decreased the number of outpatient visits by some 90%

483
00:23:07.675 --> 00:23:10.415
or so, that, uh, having that structure,

484
00:23:10.415 --> 00:23:13.975
because it been identified as best practices,

485
00:23:13.975 --> 00:23:17.775
certainly within the addiction field field, to have, uh,

486
00:23:18.175 --> 00:23:19.295
a number of people in groups

487
00:23:20.075 --> 00:23:21.455
and a number of groups a week,

488
00:23:21.515 --> 00:23:24.135
at least at certain points in this recovery process.

489
00:23:24.475 --> 00:23:29.135
So, emphasizing reemphasizing the, the structure,

490
00:23:29.995 --> 00:23:33.615
uh, showing up, uh, being in group, being live,

491
00:23:34.395 --> 00:23:37.375
to actually developing, uh, what Irvin Yalo, you know,

492
00:23:37.575 --> 00:23:40.295
referred to as the groupness, uh, as opposed

493
00:23:40.315 --> 00:23:42.975
to GM just gonna sign on and go off screen

494
00:23:43.075 --> 00:23:46.085
and get a cup of coffee type of involvement

495
00:23:46.235 --> 00:23:49.165
that some people have had during and since the pandemic.

496
00:23:49.865 --> 00:23:53.925
So, enhancing the structure of our involvement

497
00:23:53.925 --> 00:23:55.845
with interventions with people hope,

498
00:23:56.995 --> 00:23:58.325
certainly don't wanna lose that.

499
00:23:58.395 --> 00:24:00.165
It's not all about accountability.

500
00:24:00.355 --> 00:24:03.125
It's about really, uh, instilling

501
00:24:03.385 --> 00:24:07.525
and supporting, uh, hope that things can get better.

502
00:24:07.715 --> 00:24:09.285
That there are solutions.

503
00:24:09.665 --> 00:24:14.365
We know that individuals with substance use disorders

504
00:24:14.625 --> 00:24:17.645
and, uh, mental health conditions off

505
00:24:17.785 --> 00:24:21.795
and are on the low scale of that

506
00:24:22.435 --> 00:24:24.715
I can get better, that things can get better.

507
00:24:24.985 --> 00:24:26.075
That this is not

508
00:24:26.075 --> 00:24:29.715
where it ends right here at this low point in my life.

509
00:24:30.335 --> 00:24:31.715
And I think too, that, that, just

510
00:24:31.715 --> 00:24:33.955
to piggyback off you really quickly, Craig, is, you know,

511
00:24:33.955 --> 00:24:37.075
in our treatment sessions, um, now Mo all

512
00:24:37.075 --> 00:24:39.395
of our clinicians are trained to do kind of both.

513
00:24:39.735 --> 00:24:42.475
You know, we, we have had shape trainings

514
00:24:42.475 --> 00:24:44.595
where we talk about personality disorders

515
00:24:44.655 --> 00:24:45.915
and, you know, kind of how

516
00:24:45.915 --> 00:24:48.995
to work within certain personality disorders

517
00:24:48.995 --> 00:24:52.395
and how to work with certain types of mental health issues.

518
00:24:52.895 --> 00:24:54.315
Um, where a lot

519
00:24:54.315 --> 00:24:56.635
of our case acts may not be a hundred percent versed.

520
00:24:57.095 --> 00:24:58.715
We can do symptom management.

521
00:24:58.715 --> 00:25:00.915
For those of us that do more mental health,

522
00:25:01.145 --> 00:25:04.235
that have a greater understanding of it

523
00:25:04.415 --> 00:25:09.035
and do it regularly, um, we are able to, you know,

524
00:25:09.145 --> 00:25:13.155
look at, you know, kind of the bio psychosocial,

525
00:25:14.015 --> 00:25:15.555
um, model and,

526
00:25:15.615 --> 00:25:18.995
and take, you know, take notes from each one

527
00:25:18.995 --> 00:25:19.995
of those perspectives.

528
00:25:20.375 --> 00:25:21.715
We take the evaluation,

529
00:25:21.935 --> 00:25:25.275
and I like to, you know, encourage my, um,

530
00:25:27.535 --> 00:25:32.375
encourage my staff to be able to, you know,

531
00:25:32.565 --> 00:25:34.575
look at the eval for what it is when people,

532
00:25:34.645 --> 00:25:36.535
when they first come in for evals, you know,

533
00:25:36.875 --> 00:25:39.055
our clients are gonna always be upfront.

534
00:25:39.125 --> 00:25:42.935
Initially, they downplay their use, they downplay, you know,

535
00:25:43.455 --> 00:25:44.735
a lot of things until,

536
00:25:44.805 --> 00:25:46.575
because one, one, they know

537
00:25:46.575 --> 00:25:47.975
that they're not gonna see this person again,

538
00:25:47.975 --> 00:25:49.175
who's doing their evaluations.

539
00:25:49.355 --> 00:25:52.095
Two, you know, many of them have been through our doors

540
00:25:52.155 --> 00:25:53.975
and other doors, you know, many times.

541
00:25:54.115 --> 00:25:56.335
And so it's kind of like that revolving door where I,

542
00:25:56.395 --> 00:25:57.655
I'm just gonna give you what I need,

543
00:25:57.875 --> 00:25:59.615
and maybe you'll just say, I don't need treatment,

544
00:25:59.615 --> 00:26:01.055
especially if they've never been here before.

545
00:26:01.635 --> 00:26:05.135
So once they get through the eval, initial eval,

546
00:26:05.135 --> 00:26:07.535
when we kind of get 'em in front, we look at

547
00:26:07.535 --> 00:26:08.855
that bio psychosocial model.

548
00:26:08.855 --> 00:26:11.095
So I collect a lot more in-depth information.

549
00:26:11.795 --> 00:26:14.415
Um, but prior to that, I sit down with my client

550
00:26:14.435 --> 00:26:16.855
and we talk about where they come from, who they are,

551
00:26:17.515 --> 00:26:21.855
you know, what brings them in or who brought them in.

552
00:26:22.035 --> 00:26:24.615
And we, I try to take a gauge of how,

553
00:26:25.115 --> 00:26:26.415
um, motivated they are.

554
00:26:26.415 --> 00:26:28.175
So that motivational interviewing piece

555
00:26:28.175 --> 00:26:30.175
and that initial session is super important,

556
00:26:30.355 --> 00:26:34.015
but that's probably the only time within the next, like

557
00:26:35.625 --> 00:26:36.635
four to six sessions

558
00:26:36.635 --> 00:26:39.595
that you will see in motivational interviewing, you know,

559
00:26:39.595 --> 00:26:42.355
happening with my clients and myself at that point.

560
00:26:43.145 --> 00:26:46.645
Um, if you're motivated to make changes, we then kind

561
00:26:46.645 --> 00:26:49.485
of go down this road where we talk about, you know,

562
00:26:49.485 --> 00:26:52.485
when was the last time that you did feel like you were being

563
00:26:52.485 --> 00:26:55.085
productive, you know, prior to all this happening?

564
00:26:55.425 --> 00:26:57.485
And what does that feeling mean to you?

565
00:26:57.515 --> 00:26:58.765
Like, how do you know that, that,

566
00:26:58.765 --> 00:26:59.965
that you're feeling productive?

567
00:27:00.065 --> 00:27:01.085
You know, whether that's just getting

568
00:27:01.085 --> 00:27:02.125
up and taking a shower.

569
00:27:02.305 --> 00:27:04.645
If you are dealing with somebody who's got major depression

570
00:27:04.945 --> 00:27:07.685
and who's been behaviorally inactive for a really long time,

571
00:27:07.685 --> 00:27:09.045
they just got out of incarceration.

572
00:27:09.625 --> 00:27:12.285
So breaking down that biopsychosocial model is

573
00:27:12.285 --> 00:27:15.285
so important when it comes to this hope, that hope piece,

574
00:27:15.285 --> 00:27:16.605
because so many of our clients come in

575
00:27:16.605 --> 00:27:17.445
and say, well, I've been doing this

576
00:27:17.735 --> 00:27:18.965
since I was a young child.

577
00:27:18.965 --> 00:27:20.565
This is the family I come from.

578
00:27:20.595 --> 00:27:22.325
This is what it's been like for me.

579
00:27:22.485 --> 00:27:23.725
I don't really know anything else.

580
00:27:23.825 --> 00:27:25.965
So now everybody wants me to make all these changes,

581
00:27:26.065 --> 00:27:27.445
and I don't know who I am,

582
00:27:27.945 --> 00:27:30.205
and if I can even get to that point.

583
00:27:30.785 --> 00:27:35.535
Um, so it's super important in those initial first

584
00:27:35.535 --> 00:27:37.095
sessions to, to the buy-in,

585
00:27:37.095 --> 00:27:38.255
because I can,

586
00:27:38.965 --> 00:27:42.255
when I sign off on somebody meeting the criteria for shape,

587
00:27:42.265 --> 00:27:44.735
which is, you know, repeated arrests,

588
00:27:44.745 --> 00:27:46.175
maybe not incarcerations,

589
00:27:46.275 --> 00:27:48.375
but if you've had like 25 arrests,

590
00:27:48.685 --> 00:27:51.375
there's something going on that we, we need to look at.

591
00:27:51.655 --> 00:27:53.955
'cause you may have avoided doing some time,

592
00:27:53.955 --> 00:27:57.395
but at some point this might not go in your favor.

593
00:27:57.735 --> 00:27:59.315
So we look at that, we look at those

594
00:27:59.315 --> 00:28:00.595
social determinants of health.

595
00:28:00.615 --> 00:28:03.035
Do we connect you to health homes and care coordination?

596
00:28:03.035 --> 00:28:05.955
Because you might need some advocacy help,

597
00:28:06.015 --> 00:28:07.995
you might need some connection to medical

598
00:28:08.295 --> 00:28:09.675
and, and all that stuff.

599
00:28:09.695 --> 00:28:12.155
And then we also look at that legal piece.

600
00:28:12.225 --> 00:28:13.635
Okay, what are your terms and conditions?

601
00:28:14.735 --> 00:28:19.115
Do you have, uh, uh, are you on an ankle monitor?

602
00:28:19.335 --> 00:28:21.355
Are you, do you have a curfew? What do we have to look at?

603
00:28:21.355 --> 00:28:22.915
What are the pieces that we need to discuss

604
00:28:22.975 --> 00:28:24.315
to make you successful?

605
00:28:24.815 --> 00:28:26.035
Um, and then we kind of start

606
00:28:26.235 --> 00:28:27.315
breaking those down a little bit.

607
00:28:27.415 --> 00:28:30.635
We, we go through, we use a lot of CBT, we use a lot

608
00:28:30.635 --> 00:28:32.755
of dialectical behavioral therapy.

609
00:28:33.215 --> 00:28:35.755
Um, a lot of the clients who we see who are connected

610
00:28:35.755 --> 00:28:37.635
to legal have made, at least in,

611
00:28:37.715 --> 00:28:39.035
I can only speak for my caseload.

612
00:28:39.275 --> 00:28:41.555
I have a couple right now who are like, if you violate me,

613
00:28:41.555 --> 00:28:42.915
if I get violated right now,

614
00:28:44.135 --> 00:28:47.315
but you're able to send me to inpatient, I still won't go

615
00:28:47.315 --> 00:28:48.875
to inpatient, and I don't wanna be violated.

616
00:28:48.935 --> 00:28:50.875
So I'm just gonna take a bunch of fentanyl and end it all.

617
00:28:50.875 --> 00:28:52.195
That was a conversation I just had

618
00:28:52.195 --> 00:28:53.435
with somebody a couple days ago.

619
00:28:54.645 --> 00:28:57.305
Um, which then kind of holds me a little bit

620
00:28:57.305 --> 00:28:59.345
of an emotional hostage until I get to know you,

621
00:28:59.345 --> 00:29:01.305
because I don't know what your baseline is, right?

622
00:29:01.305 --> 00:29:03.945
So I don't know if you're gonna go and actually do that.

623
00:29:04.485 --> 00:29:08.745
So being able to have a conference with a probation officer,

624
00:29:08.855 --> 00:29:11.785
with their mental health provider and asking those questions

625
00:29:11.805 --> 00:29:14.025
and getting a feel for what they're doing in treatment,

626
00:29:14.415 --> 00:29:17.465
that stuff helps me in the chemical dependency realm,

627
00:29:17.885 --> 00:29:20.585
be able to kind of help and move the client, you know,

628
00:29:20.585 --> 00:29:22.145
forward in that accountability base.

629
00:29:22.725 --> 00:29:25.955
You know, so a lot of that structure

630
00:29:26.015 --> 00:29:30.855
of those sessions really kind of keep that together. And

631
00:29:30.855 --> 00:29:32.175
I think that that fits, you know, with the

632
00:29:32.175 --> 00:29:33.455
accountability as, as well.

633
00:29:33.475 --> 00:29:35.935
The example that you, you mentioned of, you know,

634
00:29:35.975 --> 00:29:39.055
I don't know how often during an intake, uh, in, uh,

635
00:29:39.055 --> 00:29:42.735
behavioral health programs that the, uh, the staff,

636
00:29:42.875 --> 00:29:45.055
you know, ask in some detail about the

637
00:29:45.055 --> 00:29:46.095
conditions of probation.

638
00:29:46.555 --> 00:29:47.855
Are you on probation? Okay.

639
00:29:48.535 --> 00:29:50.675
And I think a lot of times that's where it stops.

640
00:29:50.775 --> 00:29:52.715
And, you know, at least before we got into this and

641
00:29:52.715 --> 00:29:54.515
before we had our training, that's where we would stop.

642
00:29:55.095 --> 00:29:57.555
You know, sometimes that wouldn't even be pursued as

643
00:29:57.555 --> 00:30:00.115
to why are you on probation for how long?

644
00:30:01.065 --> 00:30:03.555
What are some of the conditions of probation?

645
00:30:04.045 --> 00:30:06.475
Maybe ask the client to bring in the sheet.

646
00:30:06.475 --> 00:30:08.395
Everybody gets a sheet with the conditions

647
00:30:08.615 --> 00:30:10.075
of probation or parole.

648
00:30:10.735 --> 00:30:13.355
Um, but at least to have that discussion and to,

649
00:30:13.745 --> 00:30:17.195
because they, you know, as we've, uh mentioned,

650
00:30:17.255 --> 00:30:19.435
as you may well have seen, you know,

651
00:30:19.555 --> 00:30:21.075
I don't really wanna quit drinking.

652
00:30:21.225 --> 00:30:23.835
Well, if you're on probation for five years,

653
00:30:24.135 --> 00:30:25.515
and that's one of the conditions,

654
00:30:26.085 --> 00:30:27.315
let's, let's talk about that.

655
00:30:27.455 --> 00:30:30.155
That's a front burner, uh, issue.

656
00:30:30.415 --> 00:30:32.195
And one of the things that, you know, again, has been part

657
00:30:32.195 --> 00:30:33.715
of, of our training

658
00:30:34.375 --> 00:30:36.395
and development with, with staff

659
00:30:36.935 --> 00:30:38.715
is not only asking those questions,

660
00:30:39.335 --> 00:30:41.995
but working, again, in concert with, uh,

661
00:30:42.015 --> 00:30:44.315
the criminal justice, uh, entities

662
00:30:45.295 --> 00:30:49.795
and, uh, uh, coordinating, coordinating the response.

663
00:30:50.415 --> 00:30:53.915
Uh, you know, at times that might mean, uh, meeting

664
00:30:54.185 --> 00:30:56.835
with the client and the parole officer

665
00:30:57.575 --> 00:31:01.835
and the counselor all in concert to, to optimize

666
00:31:02.375 --> 00:31:05.915
the, uh, the communication and the, and the accountability

667
00:31:06.455 --> 00:31:07.595
and the follow through.

668
00:31:07.855 --> 00:31:11.835
Now, that doesn't mean that, you know, every time somebody

669
00:31:12.785 --> 00:31:16.155
uses a drug, or every time somebody gets in the car

670
00:31:16.175 --> 00:31:18.915
and drives away when we know they don't have a license,

671
00:31:19.505 --> 00:31:22.355
it's not our job to, you know, pick up the phone

672
00:31:23.015 --> 00:31:24.075
and, and blow them in.

673
00:31:24.075 --> 00:31:26.635
It is our job to have some discussion with them.

674
00:31:26.635 --> 00:31:29.235
Because one of the things that, you know, I think a number

675
00:31:29.235 --> 00:31:32.275
of us in the behavioral health arena, it, it failed

676
00:31:32.395 --> 00:31:36.675
to take into account appropriately, is how, uh,

677
00:31:36.895 --> 00:31:40.115
how important the criminal justice response is.

678
00:31:40.135 --> 00:31:42.595
You know, there's one, one group of people

679
00:31:43.385 --> 00:31:48.205
that can snatch you away and keep us from meeting next week.

680
00:31:49.025 --> 00:31:53.845
And that is, that is, you know, a warrant, uh,

681
00:31:54.045 --> 00:31:55.125
a judge, you know,

682
00:31:55.725 --> 00:31:58.165
a probation officer under certain conditions

683
00:31:58.265 --> 00:32:02.525
as a specialty court judge that, you know, if you go in

684
00:32:02.525 --> 00:32:05.525
and lie about your, your drug use, uh, day

685
00:32:05.525 --> 00:32:09.165
after tomorrow, uh, may kinda snatch you up

686
00:32:09.165 --> 00:32:11.005
and put you behind bars for a period of time.

687
00:32:11.025 --> 00:32:12.285
And guess what? We're not gonna be able

688
00:32:12.285 --> 00:32:15.125
to do any work next week on the treatment side,

689
00:32:15.125 --> 00:32:19.405
because the criminal justice system is, uh,

690
00:32:19.635 --> 00:32:23.085
much more of, has much more control and

691
00:32:23.085 --> 00:32:26.245
however people's lives than I think we often naturally take

692
00:32:26.355 --> 00:32:27.685
into account in the work we do.

693
00:32:27.865 --> 00:32:29.205
But I think that's where too, again,

694
00:32:29.205 --> 00:32:30.645
the accountability comes into piece.

695
00:32:30.645 --> 00:32:32.285
Because one of the judges that I used to work

696
00:32:32.285 --> 00:32:36.795
with would say, you can come in here

697
00:32:37.015 --> 00:32:39.965
and leave out of the same door you came in from.

698
00:32:40.585 --> 00:32:42.605
Or you could come in here and leave out the back door.

699
00:32:43.185 --> 00:32:45.605
It really is based on what you tell me today.

700
00:32:46.185 --> 00:32:49.045
You know, the one good thing that I heard over and over

701
00:32:49.065 --> 00:32:51.805
and again in these, in these treatment courts is you don't

702
00:32:51.805 --> 00:32:53.085
get locked up because you're using,

703
00:32:53.445 --> 00:32:54.965
'cause I hear it often, ah, they're locking me up

704
00:32:55.045 --> 00:32:56.125
'cause I have a substance abuse problem.

705
00:32:56.185 --> 00:32:58.485
And that's been the, the, the horse

706
00:32:58.485 --> 00:33:00.085
and pony show with a lot of my clients.

707
00:33:00.855 --> 00:33:02.385
They're not holding themselves accountable

708
00:33:02.385 --> 00:33:05.225
because they've never had to really, um,

709
00:33:05.325 --> 00:33:07.105
and many of my clients, you can threaten them

710
00:33:07.105 --> 00:33:09.145
with punishment, but they've been punished from federal

711
00:33:09.205 --> 00:33:12.705
prison to state prison time to probations to this, to that.

712
00:33:12.705 --> 00:33:14.465
They've lost things in the process

713
00:33:14.605 --> 00:33:15.745
and have to start over again.

714
00:33:16.105 --> 00:33:20.215
So punishment isn't even, it doesn't work.

715
00:33:20.755 --> 00:33:24.815
Um, so when we look at accountability, and I,

716
00:33:24.815 --> 00:33:26.895
and I reiterate this with my clients, is

717
00:33:27.635 --> 00:33:29.425
being honest about what is happening.

718
00:33:29.525 --> 00:33:32.945
Did you use, the only thing that you have to say is, I,

719
00:33:33.205 --> 00:33:36.975
my last use state was this day, you will not, I mean, the,

720
00:33:37.335 --> 00:33:38.335
somebody's gonna tell you, Hey, listen,

721
00:33:38.335 --> 00:33:39.495
maybe you shouldn't be doing this.

722
00:33:39.495 --> 00:33:41.095
And you might get a lecture from the judge,

723
00:33:42.085 --> 00:33:43.375
more from one of your clinicians.

724
00:33:43.835 --> 00:33:47.055
But the, the outcome is that you get

725
00:33:47.055 --> 00:33:48.095
to walk out the front door

726
00:33:48.395 --> 00:33:50.495
and you get another day, another chance

727
00:33:50.495 --> 00:33:52.815
before court again, to get back on the, the track

728
00:33:52.815 --> 00:33:55.895
that you wanna get on so you don't get incarcerated

729
00:33:56.035 --> 00:33:58.935
or held for a week or a couple of days, or sanctioned

730
00:33:59.035 --> 00:34:01.855
or, you know, have the, the hard conversations

731
00:34:01.855 --> 00:34:04.455
with the people in your life, um, that you know, people

732
00:34:04.455 --> 00:34:05.455
who are rooting for you, right?

733
00:34:05.455 --> 00:34:07.935
Your family. We got families, we got loved ones.

734
00:34:07.935 --> 00:34:12.455
We have, um, you know, people who are support systems

735
00:34:12.555 --> 00:34:14.815
to our clients that want to see them do good,

736
00:34:14.815 --> 00:34:16.535
but they kind of throw their hands in the air.

737
00:34:16.975 --> 00:34:18.015
'cause they're like, Hey, we've tried.

738
00:34:18.525 --> 00:34:19.775
It's not worth fighting over.

739
00:34:20.035 --> 00:34:22.415
Or, you know, whatever the case may be.

740
00:34:22.435 --> 00:34:24.655
So they, so we talk about that accountability piece.

741
00:34:24.655 --> 00:34:26.255
What's the fear of being honest?

742
00:34:26.675 --> 00:34:28.695
And for many, for many of our clients,

743
00:34:28.765 --> 00:34:30.095
it's the fact that they've been honest.

744
00:34:30.555 --> 00:34:31.855
The consequences still comes.

745
00:34:32.155 --> 00:34:33.175
We talk about, well,

746
00:34:34.455 --> 00:34:37.035
but being honest doesn't absolve the consequences

747
00:34:37.065 --> 00:34:38.635
that are going to maybe happen.

748
00:34:38.705 --> 00:34:42.475
However, once you get in onto a, a path where you're able

749
00:34:42.475 --> 00:34:44.115
to hold yourself accountable, a lot

750
00:34:44.115 --> 00:34:46.395
of times those consequences, they lessen.

751
00:34:46.695 --> 00:34:49.795
You're not gonna get a, you know, a lecture if you've been,

752
00:34:50.255 --> 00:34:52.075
you know, abstinent first, you know,

753
00:34:52.255 --> 00:34:54.955
six months in treatment court and you had a bad day.

754
00:34:54.955 --> 00:34:56.435
And instead of using your coping skills

755
00:34:56.465 --> 00:34:59.315
that you've been working on, you, you used marijuana,

756
00:34:59.655 --> 00:35:01.995
but you came into court, you held yourself accountable.

757
00:35:02.015 --> 00:35:03.395
You called your care coordinator

758
00:35:03.415 --> 00:35:04.955
and you told them, Hey, listen, I used on

759
00:35:04.955 --> 00:35:06.075
this day, this is what I used.

760
00:35:06.655 --> 00:35:09.675
And then when you go to court, you reiterate the same thing.

761
00:35:10.255 --> 00:35:11.795
And you talk about, I called my,

762
00:35:11.815 --> 00:35:14.395
the first thing I did was call my case manager within

763
00:35:14.395 --> 00:35:15.635
24 hours of my use.

764
00:35:15.905 --> 00:35:18.275
Boom, no consequence from that.

765
00:35:18.785 --> 00:35:21.635
It's, you know what, within six months you're learning,

766
00:35:21.975 --> 00:35:24.315
all right, there might be a sanction, which means

767
00:35:24.315 --> 00:35:26.595
that you go and sit in court for a couple of hours.

768
00:35:27.215 --> 00:35:31.115
Um, but many people will take that over going to the back

769
00:35:31.175 --> 00:35:33.795
and being held in Monroe County Jail for a week.

770
00:35:34.375 --> 00:35:36.555
So, progress, we look at that.

771
00:35:36.695 --> 00:35:39.885
Um, I use interactive journals in my, uh,

772
00:35:40.345 --> 00:35:41.445
my time with my clients.

773
00:35:41.955 --> 00:35:45.325
They have a, they get a copy of the journal. It's theirs.

774
00:35:45.515 --> 00:35:47.565
They take it home, they work on a couple of pages,

775
00:35:47.565 --> 00:35:48.925
they bring it back into treatment.

776
00:35:49.345 --> 00:35:51.925
And we go over it every time and every time it's different.

777
00:35:52.025 --> 00:35:54.005
And it, it's in their own words.

778
00:35:54.305 --> 00:35:56.085
So instead of me saying, Hey, isn't this,

779
00:35:56.085 --> 00:35:57.325
does this sound about right for you?

780
00:35:57.835 --> 00:35:59.685
They have an opportunity to write in.

781
00:35:59.745 --> 00:36:01.765
And if they struggle with literacy,

782
00:36:01.905 --> 00:36:04.365
we do it together in a session where they don't have

783
00:36:04.365 --> 00:36:06.285
to feel like, Hey, I can't do this,

784
00:36:06.285 --> 00:36:08.205
so I'm just gonna put it on my shelf here

785
00:36:08.545 --> 00:36:09.805
and where I'm not gonna do it.

786
00:36:09.945 --> 00:36:14.295
So that treatment aspect of it, we have so much bandwidth

787
00:36:14.295 --> 00:36:15.695
to be able to do that.

788
00:36:15.755 --> 00:36:17.055
And that accountability piece

789
00:36:17.075 --> 00:36:19.615
and that progress, being able to showcase them

790
00:36:20.045 --> 00:36:23.135
through their writing too, of what they're doing.

791
00:36:23.335 --> 00:36:26.455
I got clients who come in on their own bringing me,

792
00:36:26.715 --> 00:36:30.295
you know, graphing sheets of their alcohol use, um,

793
00:36:30.945 --> 00:36:32.375
where they would drink alcohol

794
00:36:32.375 --> 00:36:34.415
with their medications first thing in the morning.

795
00:36:34.715 --> 00:36:35.735
Now they're saying, you know what,

796
00:36:35.735 --> 00:36:38.535
it's probably not a good idea to drink with my alc my meds.

797
00:36:38.535 --> 00:36:40.375
So they start drinking in the afternoon,

798
00:36:40.595 --> 00:36:43.945
but progress any progress slowly.

799
00:36:44.305 --> 00:36:45.785
'cause just because they're in treatment

800
00:36:45.785 --> 00:36:47.025
doesn't mean we only keep 'em two months.

801
00:36:47.025 --> 00:36:49.265
And then they go. So we have time to work

802
00:36:49.265 --> 00:36:52.705
with them on continuing to decrease eventually

803
00:36:53.405 --> 00:36:54.965
to being done.

804
00:36:55.025 --> 00:36:58.245
So if they're willing to work on it, that abstinence piece

805
00:36:58.755 --> 00:37:02.685
becomes harm reduction in terms of, you know,

806
00:37:03.025 --> 00:37:04.125
are you willing to do this?

807
00:37:04.145 --> 00:37:08.045
And for the clients who continuously show up

808
00:37:08.045 --> 00:37:12.585
for their appointments and then seeing the progress

809
00:37:12.585 --> 00:37:14.945
that they make, they definitely, you know, find

810
00:37:14.945 --> 00:37:16.305
that empowerment and that hope.

811
00:37:16.615 --> 00:37:18.585
Then we have the other side of it

812
00:37:18.585 --> 00:37:19.745
where our clients aren't engaging,

813
00:37:20.165 --> 00:37:23.065
but those phone calls, I will make sure to call once a week.

814
00:37:23.065 --> 00:37:24.865
If I don't see you, even if I don't hear from you,

815
00:37:25.015 --> 00:37:28.145
I'll leave you messages up until I will at some point have

816
00:37:28.145 --> 00:37:29.545
to discharge you 'cause you're no

817
00:37:29.545 --> 00:37:30.585
longer engaged in treatment.

818
00:37:30.925 --> 00:37:33.625
But I will constantly give those phone calls.

819
00:37:33.735 --> 00:37:36.385
It's not a, well, I haven't heard from you, you know,

820
00:37:36.385 --> 00:37:38.345
you need to be here, so I'm just not gonna do anything

821
00:37:38.345 --> 00:37:39.905
and keep you on my caseload for two months

822
00:37:39.905 --> 00:37:41.025
and then I'm gonna discharge you.

823
00:37:41.415 --> 00:37:42.665
It's constant outreach.

824
00:37:42.965 --> 00:37:44.265
And if I can't get ahold of them,

825
00:37:44.265 --> 00:37:46.625
but they have a care coordinator, Hey, listen,

826
00:37:47.065 --> 00:37:49.105
I haven't heard from, you know, a month

827
00:37:49.105 --> 00:37:50.345
and a half, have you talked to them?

828
00:37:50.605 --> 00:37:52.265
Oh, they just saw me. Oh, great.

829
00:37:52.565 --> 00:37:54.745
Do you wanna bring 'em in so we can schedule an appointment?

830
00:37:55.165 --> 00:37:59.105
Um, so having that collaboration again, that progress,

831
00:37:59.775 --> 00:38:01.715
it helps in that part too.

832
00:38:01.715 --> 00:38:03.235
So I just need to say that. No, that's great.

833
00:38:03.495 --> 00:38:06.515
And then, you know, enlightenment, uh, you know, hopefully

834
00:38:06.735 --> 00:38:09.475
as, as individuals are successful,

835
00:38:09.905 --> 00:38:11.515
they see things differently.

836
00:38:11.785 --> 00:38:15.115
They achieve a different lifestyle, they, uh,

837
00:38:15.525 --> 00:38:20.195
adopt different, uh, uh, perspectives on things

838
00:38:20.935 --> 00:38:24.275
and are, uh, able to, you know, to move on with,

839
00:38:24.275 --> 00:38:25.355
with some success.

840
00:38:25.535 --> 00:38:28.595
So hopefully you can see a bit in this, uh, this,

841
00:38:28.595 --> 00:38:31.835
this shape model, uh, what we're talking about is a blend

842
00:38:32.305 --> 00:38:35.965
that is not simply a, a punitive, but,

843
00:38:36.505 --> 00:38:40.165
and not simply a a, you know, client centered.

844
00:38:40.655 --> 00:38:42.685
We're only gonna meet you where you're at.

845
00:38:42.695 --> 00:38:44.845
Those are all incorporated to some extent,

846
00:38:44.865 --> 00:38:46.125
but really seeking the balance.

847
00:38:46.225 --> 00:38:49.845
Mm-Hmm. And along with that, I think we talk about some

848
00:38:49.845 --> 00:38:51.685
of these components, how we do this.

849
00:38:53.255 --> 00:38:56.385
So we have,

850
00:38:56.485 --> 00:39:00.145
and I'm sure many agencies have staff with lived experience,

851
00:39:00.145 --> 00:39:01.945
whether through the criminal justice system,

852
00:39:02.525 --> 00:39:05.545
mental health recovery, substance abuse recovery, we've all,

853
00:39:05.615 --> 00:39:08.785
whether it's personal lived experience in terms

854
00:39:08.845 --> 00:39:09.905
of our families

855
00:39:09.925 --> 00:39:13.945
or friends, um, doing the work in the field,

856
00:39:14.095 --> 00:39:16.105
that we all kind of come from a place

857
00:39:16.105 --> 00:39:19.385
where we understand kind of the importance of the work

858
00:39:19.385 --> 00:39:20.425
that we're doing with shape.

859
00:39:21.005 --> 00:39:23.185
Um, but the first, the first thing

860
00:39:23.245 --> 00:39:25.105
that's the most important piece is making

861
00:39:25.105 --> 00:39:26.305
sure that staff are trained.

862
00:39:27.205 --> 00:39:31.535
Um, we have a mixture of staff

863
00:39:31.645 --> 00:39:32.815
with different credentials.

864
00:39:32.815 --> 00:39:36.815
We have K sac counselors, we have licensed, um, I'm one

865
00:39:36.815 --> 00:39:40.455
of two LCSW here at Youth Doyle.

866
00:39:40.475 --> 00:39:42.895
We have MSWs, mhc,

867
00:39:43.795 --> 00:39:45.795
um, I think to name a few.

868
00:39:45.835 --> 00:39:47.675
I think in the clinic, that's where we're at right now.

869
00:39:48.375 --> 00:39:52.465
Um, and so everybody has different strengths

870
00:39:52.465 --> 00:39:54.505
and weaknesses when it comes to counseling and,

871
00:39:54.525 --> 00:39:55.985
and what they kind of wanna work with

872
00:39:56.085 --> 00:39:57.465
and kind of what they don't wanna work with.

873
00:39:57.645 --> 00:40:00.345
So while we've taken the initiative to train all

874
00:40:00.345 --> 00:40:03.745
of our staff, um, there are certain staff,

875
00:40:03.745 --> 00:40:06.385
certain Case Act staff, certain licensed staff

876
00:40:06.385 --> 00:40:10.505
that really have taken hold to this shape program

877
00:40:11.445 --> 00:40:14.185
and, um, have done their research,

878
00:40:14.455 --> 00:40:16.385
have done extensive reading,

879
00:40:16.765 --> 00:40:21.665
and, um, CEUs, I would say type, you know, trainings, um,

880
00:40:22.295 --> 00:40:24.945
that really enhance their skills, that being able to work

881
00:40:24.945 --> 00:40:27.865
with our population, uh, for shape.

882
00:40:28.865 --> 00:40:32.405
Uh, a huge emphasis on cognitive behavioral therapy

883
00:40:32.435 --> 00:40:34.845
because we know that this model is,

884
00:40:35.305 --> 00:40:36.805
um, evidence-based and it works.

885
00:40:36.865 --> 00:40:38.605
And there's t different ti, I mean,

886
00:40:38.605 --> 00:40:42.205
there's a hundred billion ways to do CBT in terms of like,

887
00:40:42.315 --> 00:40:43.445
with different populations.

888
00:40:43.565 --> 00:40:45.925
I mean, so, um, CBT

889
00:40:45.925 --> 00:40:48.885
and DBT are a good

890
00:40:50.155 --> 00:40:52.605
measuring tool for us when we're doing this work.

891
00:40:52.785 --> 00:40:54.205
And both kacs

892
00:40:54.205 --> 00:40:57.045
and licensed staff can work within these models to kind

893
00:40:57.045 --> 00:40:59.445
of help their clients kind of get to where they are.

894
00:40:59.605 --> 00:41:02.525
'cause a huge part of it is psychoeducation is understanding

895
00:41:02.525 --> 00:41:04.325
that mental health, because many of our clients

896
00:41:05.185 --> 00:41:07.285
may not really even wanna discuss the fact

897
00:41:07.285 --> 00:41:09.085
that they have some mental health stuff

898
00:41:09.085 --> 00:41:10.645
that they've never really touched on

899
00:41:10.645 --> 00:41:11.885
because they're not ready to do that.

900
00:41:12.385 --> 00:41:15.605
As a trained trauma therapist, I do not force clients

901
00:41:15.745 --> 00:41:17.565
to talk about things that they're not ready to,

902
00:41:17.745 --> 00:41:21.165
to talk about those sticking points, those ouch points

903
00:41:21.165 --> 00:41:22.485
that I, that I call them.

904
00:41:23.405 --> 00:41:25.765
I don't force them unless they bring them up.

905
00:41:25.925 --> 00:41:28.645
I actually ask about them during my first session.

906
00:41:28.825 --> 00:41:30.605
So I stay away from those questions

907
00:41:30.985 --> 00:41:33.205
and I put them in a place in their chart

908
00:41:33.205 --> 00:41:34.885
where I can see them when we're talking.

909
00:41:34.985 --> 00:41:36.845
So I don't go near that.

910
00:41:37.125 --> 00:41:40.165
'cause many of my clients aren't good at telling me no, um,

911
00:41:40.225 --> 00:41:41.445
or I don't wanna talk about that.

912
00:41:41.505 --> 00:41:43.605
So I, I help coach them through that

913
00:41:43.605 --> 00:41:45.925
because building boundaries is important when

914
00:41:45.925 --> 00:41:47.005
they first come in.

915
00:41:47.385 --> 00:41:49.005
And even as service providers, just

916
00:41:49.005 --> 00:41:51.205
because I ask the question doesn't mean that you have

917
00:41:51.405 --> 00:41:52.445
to answer it right then

918
00:41:52.445 --> 00:41:54.605
and there, for many people,

919
00:41:54.605 --> 00:41:56.045
that trust building is important.

920
00:41:56.065 --> 00:41:57.765
And that's one of the ways that I build trust

921
00:41:57.765 --> 00:41:59.605
with my participants. So,

922
00:42:00.335 --> 00:42:02.635
And, and, and for anybody, you know, unfamiliar,

923
00:42:02.695 --> 00:42:05.315
of course, real short description, uh,

924
00:42:05.435 --> 00:42:08.275
CBT focuses on our thinking, our assumptions,

925
00:42:08.975 --> 00:42:12.195
our our perceptions, our interpretations, uh,

926
00:42:12.455 --> 00:42:14.275
and the, the, the actions.

927
00:42:15.095 --> 00:42:18.555
So, you know, back back to aa, don't drink, go to a meeting.

928
00:42:18.755 --> 00:42:21.995
I mean, there is a prescription, you know, very simple one,

929
00:42:22.025 --> 00:42:23.275
it's not gonna work for everybody,

930
00:42:23.615 --> 00:42:25.595
but there is a, you know, a prescription for,

931
00:42:25.935 --> 00:42:27.155
for behavioral change.

932
00:42:27.855 --> 00:42:30.115
Um, so really having those discussions,

933
00:42:30.175 --> 00:42:33.115
and even some of those parameters at times are those

934
00:42:33.795 --> 00:42:36.035
requests of the people that we work with

935
00:42:36.415 --> 00:42:39.075
to look at some change in what they're doing

936
00:42:39.375 --> 00:42:40.835
and how they're thinking.

937
00:42:41.015 --> 00:42:43.675
Now, we draw in some of the work here in the,

938
00:42:44.215 --> 00:42:46.395
the reentry arena from, uh, Dr.

939
00:42:46.395 --> 00:42:47.675
Edward La Tesa

940
00:42:48.055 --> 00:42:51.715
and the University of Cincinnati back, uh, about 20 years

941
00:42:51.735 --> 00:42:56.565
or so ago at this point, uh, who identified, uh, he

942
00:42:56.565 --> 00:42:59.885
and his research team through a process of meta-analysis,

943
00:43:00.525 --> 00:43:04.045
identified a good handful of factors that, uh,

944
00:43:04.155 --> 00:43:07.005
that were shown to reduce recidivism for people

945
00:43:07.245 --> 00:43:09.605
who are incarcerated and in reentry.

946
00:43:10.225 --> 00:43:14.285
And one of the, the prominent findings was, uh, had to do

947
00:43:14.285 --> 00:43:17.125
with the efficacy of cognitive behavioral approaches.

948
00:43:17.265 --> 00:43:21.525
So we're not as concerned about your past or your history.

949
00:43:21.525 --> 00:43:23.445
It's not off the table, okay?

950
00:43:23.445 --> 00:43:25.085
We're not saying it's not off the table.

951
00:43:25.575 --> 00:43:28.245
We're not as concerned about your past or your history.

952
00:43:28.495 --> 00:43:32.485
We're not as concerned about giving you, uh, medications

953
00:43:33.145 --> 00:43:37.685
for milder forms of, of mood or anxiety conditions.

954
00:43:37.775 --> 00:43:42.285
We're not as concerned about, uh, you know, other areas,

955
00:43:42.785 --> 00:43:44.445
uh, of your life perhaps.

956
00:43:44.615 --> 00:43:48.965
We're not even as concerned, as concerned about what,

957
00:43:48.995 --> 00:43:51.445
what you would like to do in the, the short term.

958
00:43:51.815 --> 00:43:54.285
We're more concerned about looking at

959
00:43:54.665 --> 00:43:55.925
how well you're thinking

960
00:43:55.985 --> 00:43:59.005
and your behaviors coincides with your reality.

961
00:44:00.085 --> 00:44:01.745
And if you're on probation,

962
00:44:01.745 --> 00:44:05.065
there's a certain reality if you, you know,

963
00:44:05.245 --> 00:44:06.985
if you have a substance use disorder,

964
00:44:07.055 --> 00:44:08.505
there's a certain reality.

965
00:44:08.845 --> 00:44:12.345
And, and so the attempt is to, uh,

966
00:44:12.445 --> 00:44:16.465
create a higher level of, of, uh, you know, consistency

967
00:44:16.465 --> 00:44:17.865
and, uh, and,

968
00:44:17.865 --> 00:44:22.385
and, uh, congruity with one circumstance, one's life,

969
00:44:22.555 --> 00:44:24.745
one's thinking, one's behavior, you see?

970
00:44:24.885 --> 00:44:27.465
So, uh, the research of Dr.

971
00:44:27.935 --> 00:44:30.305
Leta, uh, really identified

972
00:44:30.615 --> 00:44:33.725
that cognitive behavioral approaches, particularly

973
00:44:33.865 --> 00:44:37.765
for people in, uh, coming out of incarceration in jail

974
00:44:38.065 --> 00:44:39.205
and coming out of jail,

975
00:44:39.945 --> 00:44:41.725
and generalized to some extent,

976
00:44:41.725 --> 00:44:45.525
to those involved in the criminal justice system, is, uh,

977
00:44:46.025 --> 00:44:47.365
is the most effective school.

978
00:44:47.865 --> 00:44:52.725
The, the, the approaches that should be, uh, emboldened.

979
00:44:53.025 --> 00:44:55.165
You know, and as Maria's kind of speaking to there,

980
00:44:55.465 --> 00:44:57.165
the criminal justice system, of course,

981
00:44:57.265 --> 00:44:59.245
is a very broad and large system.

982
00:44:59.385 --> 00:45:01.005
And, you know, you have the one person

983
00:45:01.075 --> 00:45:04.565
that has the one indiscretion that's not really the target

984
00:45:05.445 --> 00:45:09.785
of this, you know, of this, uh, this program per se, or,

985
00:45:09.785 --> 00:45:12.945
or even somebody who has even multiple DWIs.

986
00:45:13.365 --> 00:45:16.065
But it clearly is a result of, of their addiction.

987
00:45:16.655 --> 00:45:18.345
There's no other criminal behavior.

988
00:45:18.565 --> 00:45:21.345
You know, we're more focused on the people that have some

989
00:45:21.345 --> 00:45:25.585
of this criminal thinking and reference here.

990
00:45:25.985 --> 00:45:30.105
Stanton Salmon now, Dr. Kelson, Dr. Ley, Dr.

991
00:45:30.375 --> 00:45:33.305
Hare, some of our classic criminologists

992
00:45:33.855 --> 00:45:37.185
that talk about examples of this criminal thinking

993
00:45:37.485 --> 00:45:41.905
or of, uh, pathological, uh, thinking.

994
00:45:43.255 --> 00:45:47.385
This is not entirely antithetical to, uh,

995
00:45:47.385 --> 00:45:49.305
what we said the personality disorders.

996
00:45:49.305 --> 00:45:50.385
And Maria mentioned that.

997
00:45:50.445 --> 00:45:54.145
So part of our training has to do with identifying

998
00:45:54.665 --> 00:45:59.305
criminal thinking and ways that the, uh, the what, what Dr.

999
00:45:59.725 --> 00:46:04.665
Au calls the wayward thinking of, of criminals can be,

1000
00:46:04.765 --> 00:46:06.265
uh, corrected.

1001
00:46:06.805 --> 00:46:08.505
Um, that, um,

1002
00:46:09.825 --> 00:46:13.925
we know if we take a good deep look at criminal behavior,

1003
00:46:14.865 --> 00:46:18.045
uh, that it is not, uh, the result of,

1004
00:46:18.045 --> 00:46:22.325
certainly not entirely the result of poverty or raise

1005
00:46:23.225 --> 00:46:27.085
or, uh, uh, tough times in life

1006
00:46:27.705 --> 00:46:29.845
or geography or what have you.

1007
00:46:29.845 --> 00:46:32.245
Certainly there's some loading in those directions.

1008
00:46:32.585 --> 00:46:33.685
And people like Dr.

1009
00:46:33.775 --> 00:46:36.125
Salmonella certainly acknowledge that some

1010
00:46:36.125 --> 00:46:38.085
of these other life experiences can contribute

1011
00:46:38.085 --> 00:46:39.285
to mental health conditions.

1012
00:46:40.245 --> 00:46:43.605
Absolutely. But the truth is, the vast majority of people

1013
00:46:43.605 --> 00:46:45.445
that have mental health, uh,

1014
00:46:45.535 --> 00:46:49.005
conditions are not criminal in their thinking.

1015
00:46:49.625 --> 00:46:53.165
And there are people that don't have, uh, you know, highly,

1016
00:46:53.545 --> 00:46:56.485
uh, systematic mental health conditions

1017
00:46:56.545 --> 00:46:59.885
or even substance use disorders that are criminal.

1018
00:47:01.425 --> 00:47:06.165
So, um, it's, it's a little bit different lens on this.

1019
00:47:06.645 --> 00:47:11.165
Y you know, and, um, addressing the criminal behavior is

1020
00:47:11.425 --> 00:47:16.325
as important in some ways is even more paramount than,

1021
00:47:16.395 --> 00:47:20.005
than addressing the substance use disorder primarily.

1022
00:47:20.345 --> 00:47:21.725
Now, again, it's all on the table.

1023
00:47:22.915 --> 00:47:25.365
Well, I was gonna say, well, substance abuse is also a

1024
00:47:25.365 --> 00:47:27.725
symptom, typically of something.

1025
00:47:28.505 --> 00:47:32.145
Um, it's not the standalone thing that, you know, at least

1026
00:47:32.145 --> 00:47:36.305
that's kind of what I've seen throughout my experience here,

1027
00:47:36.645 --> 00:47:38.585
is that substance abuse is usually a symptom

1028
00:47:39.285 --> 00:47:41.985
of something more bigger than the person.

1029
00:47:42.085 --> 00:47:44.025
Now, they might start off with just substance use,

1030
00:47:44.085 --> 00:47:46.945
but knowing a little bit more about them, kind

1031
00:47:46.945 --> 00:47:49.345
of maybe than tracks why that's happening.

1032
00:47:49.585 --> 00:47:50.865
'cause you rarely see somebody

1033
00:47:50.885 --> 00:47:52.625
who doesn't have any mental health,

1034
00:47:52.895 --> 00:47:55.105
because I see a lot of evals come, I'm,

1035
00:47:55.225 --> 00:47:56.785
I sign off on all the evaluations

1036
00:47:56.785 --> 00:47:58.625
and all the admins that come through the agency,

1037
00:47:59.005 --> 00:48:02.105
and I am very shocked sometimes when I see certain things

1038
00:48:02.455 --> 00:48:05.145
that, you know, for me might make no sense.

1039
00:48:05.365 --> 00:48:07.825
You know, you have a, a lengthy legal history

1040
00:48:07.825 --> 00:48:09.225
and a lengthy substance use history,

1041
00:48:09.225 --> 00:48:11.785
but no mental health that you speak up.

1042
00:48:11.885 --> 00:48:13.345
But that could be because it's untreated.

1043
00:48:13.685 --> 00:48:17.625
Um, but it certainly is present when you do meet with

1044
00:48:18.285 --> 00:48:19.465
the, the, the client.

1045
00:48:20.005 --> 00:48:23.705
Um, and so I know I was going somewhere with this,

1046
00:48:23.705 --> 00:48:26.145
but I cannot remember where I was going, so I'm going

1047
00:48:26.145 --> 00:48:27.585
to back up.

1048
00:48:27.645 --> 00:48:30.305
I'm sorry. Um, but it is important to look at that.

1049
00:48:30.405 --> 00:48:33.385
Um, when we look at like, the different, so one

1050
00:48:33.385 --> 00:48:35.385
of my interactive journals is about values.

1051
00:48:36.135 --> 00:48:38.825
When we look at values, um, of a client,

1052
00:48:38.925 --> 00:48:41.025
and I ask them straight out what their values are, a lot

1053
00:48:41.025 --> 00:48:43.425
of times those values are going back to

1054
00:48:43.425 --> 00:48:44.585
what they've picked up

1055
00:48:44.585 --> 00:48:47.945
and learned from their caregivers, their families,

1056
00:48:47.945 --> 00:48:49.825
where they grew up, how they grew up.

1057
00:48:49.885 --> 00:48:52.945
So a lot of value might be put on criminal activity in terms

1058
00:48:52.945 --> 00:48:56.515
of like, you know, I need

1059
00:48:56.515 --> 00:48:57.995
to make sure that my family's fed.

1060
00:48:58.095 --> 00:49:00.355
So, you know, every Thursday I would go

1061
00:49:00.355 --> 00:49:01.595
to this specific place,

1062
00:49:01.735 --> 00:49:04.275
and I knew that there's only one person working,

1063
00:49:04.335 --> 00:49:06.475
so I would pick as many snacks as I could carry,

1064
00:49:06.735 --> 00:49:08.875
and I'd run out of the, I'd run out the rest

1065
00:49:08.935 --> 00:49:11.275
or out of the store because I was 15 years old

1066
00:49:11.275 --> 00:49:13.995
and no one's gonna yell or incarcerated a 15-year-old.

1067
00:49:13.995 --> 00:49:15.035
That's how it was told to me.

1068
00:49:15.615 --> 00:49:19.475
Um, and then as now, uh, you know, 57-year-old man,

1069
00:49:20.375 --> 00:49:21.395
his values have changed

1070
00:49:21.535 --> 00:49:23.675
and shifted over the years, even if there is still,

1071
00:49:24.095 --> 00:49:26.035
you know, drug use, the criminal activity

1072
00:49:26.175 --> 00:49:27.195
has ceased a little bit.

1073
00:49:27.195 --> 00:49:30.035
And I think with age you might see some of that, um,

1074
00:49:30.065 --> 00:49:32.195
including the substance use has kind of shifted

1075
00:49:32.195 --> 00:49:33.755
where he no longer wants to use

1076
00:49:33.785 --> 00:49:36.155
because he's tired, tired of the, there's no,

1077
00:49:36.155 --> 00:49:38.075
the rebound isn't as quick when, you know,

1078
00:49:38.075 --> 00:49:40.395
when you're out drinking and partying all night,

1079
00:49:41.265 --> 00:49:44.075
it's not the same as when you were 22, 25 years old.

1080
00:49:44.335 --> 00:49:46.115
Um, and so things have shifted for him

1081
00:49:46.115 --> 00:49:47.555
and his values have now shifted.

1082
00:49:48.255 --> 00:49:49.955
Um, and those interactive journals,

1083
00:49:49.955 --> 00:49:52.715
especially the values one is very important, um,

1084
00:49:52.815 --> 00:49:54.275
to look at the fact that, you know,

1085
00:49:54.415 --> 00:49:57.475
people can make changes when they want to internally,

1086
00:49:57.625 --> 00:49:59.355
when they want, when they see something

1087
00:49:59.355 --> 00:50:01.315
that is no longer working or useful for them.

1088
00:50:01.515 --> 00:50:02.635
I don't wanna be incarcerated.

1089
00:50:02.775 --> 00:50:05.275
I'm 57, I don't have another 10 years than me.

1090
00:50:05.735 --> 00:50:08.275
So being able to kind of look at that and,

1091
00:50:08.335 --> 00:50:09.955
and suss out like, you know,

1092
00:50:09.955 --> 00:50:13.195
what are their values currently now as an adult, you know,

1093
00:50:13.195 --> 00:50:15.435
versus what they were taught growing up.

1094
00:50:16.665 --> 00:50:19.995
Sometimes even bringing that up can make a huge difference

1095
00:50:19.995 --> 00:50:22.435
and shift in, in, in the treatment that we provide.

1096
00:50:22.655 --> 00:50:24.515
Not just that, but also the conversations

1097
00:50:24.575 --> 00:50:26.875
and, you know, the trajectory of where they're going

1098
00:50:26.965 --> 00:50:29.085
with their treatment and in their criminal

1099
00:50:29.085 --> 00:50:30.845
justice, you know, history.

1100
00:50:30.985 --> 00:50:33.465
You know, are they truly done doing

1101
00:50:34.095 --> 00:50:36.905
what was getting them in trouble, you know, in the past.

1102
00:50:37.725 --> 00:50:39.945
And so that is, so the, along with it, the,

1103
00:50:40.125 --> 00:50:42.825
the emphasis on the CBT, you know, we've trained, uh,

1104
00:50:43.205 --> 00:50:45.945
on a number of these elements, uh, our staff mm-Hmm.

1105
00:50:46.085 --> 00:50:48.785
Uh, and had trained, uh, some of the select group

1106
00:50:48.785 --> 00:50:50.785
of interested people from both the clinic

1107
00:50:50.885 --> 00:50:53.185
and the care management side, uh,

1108
00:50:53.185 --> 00:50:55.865
and the medication, uh, treatment side.

1109
00:50:56.365 --> 00:50:58.825
Um, and then eventually trained all our staff Mm-Hmm.

1110
00:50:58.905 --> 00:51:01.505
Just recently had a whole broad base training reception too.

1111
00:51:01.575 --> 00:51:03.225
Yeah. Reception right on through to,

1112
00:51:03.325 --> 00:51:04.825
you know, all of the above.

1113
00:51:05.285 --> 00:51:09.225
Um, and, and so the, this triaging, you know, again,

1114
00:51:09.325 --> 00:51:11.745
we look at, you know, any patterns

1115
00:51:12.205 --> 00:51:14.305
and Maria's in, in the crux of that.

1116
00:51:14.405 --> 00:51:16.465
So there's some clinical determination

1117
00:51:16.615 --> 00:51:18.905
that isn't just the number of arrests,

1118
00:51:18.905 --> 00:51:21.305
but, you know, what's the kind of the what, what type kind

1119
00:51:21.305 --> 00:51:24.305
of the quality is there evidence of this criminal thinking

1120
00:51:24.405 --> 00:51:28.985
and this pattern of criminal behavior, um, that, that, uh,

1121
00:51:29.605 --> 00:51:31.225
has been troubling to that person.

1122
00:51:31.765 --> 00:51:35.425
Um, so this triaging into shape, not everybody that's here

1123
00:51:35.425 --> 00:51:37.745
with a criminal justice referral automatically is in,

1124
00:51:37.885 --> 00:51:41.305
you know, um, looking more for that pattern of thinking

1125
00:51:41.445 --> 00:51:42.585
and, and, and behavior.

1126
00:51:43.165 --> 00:51:47.825
Um, the, uh, the communication, the, the informing, uh, of,

1127
00:51:47.965 --> 00:51:50.585
uh, various folks about this program.

1128
00:51:50.835 --> 00:51:55.665
Again, we, uh, did just dozens of this, uh, these meetings

1129
00:51:55.935 --> 00:51:59.585
with, uh, individuals within the criminal justice system

1130
00:52:00.105 --> 00:52:04.345
and received, you know, rave reviews, uh, from them that,

1131
00:52:04.365 --> 00:52:05.665
oh my goodness, thank you.

1132
00:52:05.695 --> 00:52:08.705
This is happening. Actually had one, one judge,

1133
00:52:08.735 --> 00:52:10.265
I'll just share one of the magistrates,

1134
00:52:10.725 --> 00:52:13.145
and he says, I'm so glad to hear this

1135
00:52:13.145 --> 00:52:15.185
because, you know, for the last couple

1136
00:52:15.285 --> 00:52:16.785
of years I've been wondering

1137
00:52:17.095 --> 00:52:19.945
what the heck you people are doing in treatment.

1138
00:52:20.805 --> 00:52:23.385
He says, I used to view drug

1139
00:52:23.385 --> 00:52:27.025
and alcohol treatment as a viable alternative to jail.

1140
00:52:27.565 --> 00:52:29.305
So if I had somebody whom I would

1141
00:52:29.305 --> 00:52:31.265
otherwise give a, a sentence to

1142
00:52:32.205 --> 00:52:34.825
and realized that there was a drug and alcohol problem

1143
00:52:34.965 --> 00:52:36.745
and sent them off to treatment,

1144
00:52:36.945 --> 00:52:40.385
and they got involved in treatment, I felt good that,

1145
00:52:40.405 --> 00:52:42.825
you know, that I was, you know, not only helping them,

1146
00:52:42.925 --> 00:52:47.065
but reducing the likelihood of subsequent criminal behavior

1147
00:52:47.725 --> 00:52:48.785
in my community.

1148
00:52:49.245 --> 00:52:51.185
And he goes, now people go off to treatment and,

1149
00:52:51.445 --> 00:52:53.385
and they're graduating and,

1150
00:52:53.485 --> 00:52:55.745
and telling me that they've continued to drink

1151
00:52:55.925 --> 00:52:58.705
and get high through their entire treatment.

1152
00:52:58.725 --> 00:53:02.305
And he says, what are your treatment people doing?

1153
00:53:02.845 --> 00:53:04.825
So this is just, you know, one more example of

1154
00:53:04.825 --> 00:53:06.785
what we mean about that pendulum

1155
00:53:07.365 --> 00:53:10.305
may be being way too far over in terms of kind of

1156
00:53:10.305 --> 00:53:11.305
what the client wants.

1157
00:53:11.305 --> 00:53:13.265
Because again, in that example as well,

1158
00:53:14.045 --> 00:53:16.545
it doesn't take into account the suffering family.

1159
00:53:17.725 --> 00:53:21.145
It doesn't take into account the danger to the community for

1160
00:53:21.145 --> 00:53:23.825
that person to be back out there selling drugs,

1161
00:53:24.105 --> 00:53:28.045
carrying guns, driving involved in partner violence,

1162
00:53:28.405 --> 00:53:29.525
whatever that might be, right?

1163
00:53:29.905 --> 00:53:32.725
So, you know, very important that we address that as well.

1164
00:53:33.025 --> 00:53:35.565
And, and ongoing dialogue once somebody's in treatment,

1165
00:53:35.625 --> 00:53:37.925
you know, Maria mentioned, uh, hers

1166
00:53:37.925 --> 00:53:40.765
and other staff we have involved with the specialty court

1167
00:53:40.865 --> 00:53:43.165
and meetings with probation and so on.

1168
00:53:43.745 --> 00:53:46.365
And I'm looking at time here, the tracking, you know,

1169
00:53:46.365 --> 00:53:49.205
once people are in this shape program, they recer they,

1170
00:53:49.235 --> 00:53:51.445
they receive a lot of the same kinds of treatment,

1171
00:53:51.445 --> 00:53:53.885
but with these enhancements in this specialization,

1172
00:53:54.025 --> 00:53:55.125
And I think too is important.

1173
00:53:55.225 --> 00:53:57.805
The one thing that has shifted for us, we went from a,

1174
00:53:58.345 --> 00:54:01.685
at least what I've seen now in 2024 at Heer Doyle

1175
00:54:01.705 --> 00:54:03.045
and 2023 actually,

1176
00:54:03.065 --> 00:54:05.725
and maybe through the pandemic, is the punitive reporting

1177
00:54:06.225 --> 00:54:09.125
to the criminal justice entities, federal probation,

1178
00:54:09.125 --> 00:54:10.565
probation, parole.

1179
00:54:10.955 --> 00:54:12.805
It's not about, Ooh, I'm getting you in trouble.

1180
00:54:13.325 --> 00:54:17.245
Actually, for many of us, it's, Hey, I've invited your PO

1181
00:54:17.305 --> 00:54:18.965
to your session today so that we can kind

1182
00:54:18.965 --> 00:54:21.365
of talk about your progress and see how things are going.

1183
00:54:21.365 --> 00:54:23.445
Because many probation officers and,

1184
00:54:23.445 --> 00:54:27.045
and supervisory people have also gone through,

1185
00:54:27.075 --> 00:54:29.365
they have specific, you know, we have like a,

1186
00:54:29.565 --> 00:54:30.605
a substance abuse team.

1187
00:54:30.605 --> 00:54:31.925
People on that team,

1188
00:54:31.945 --> 00:54:34.885
the pos know they are very familiar with the substance abuse.

1189
00:54:34.885 --> 00:54:35.885
Some of them were case acts

1190
00:54:35.885 --> 00:54:37.645
and have kind of moved on in their careers

1191
00:54:37.645 --> 00:54:39.045
or mental health people

1192
00:54:39.125 --> 00:54:40.605
who have a background in mental health

1193
00:54:40.625 --> 00:54:41.805
who know how to work with people.

1194
00:54:41.905 --> 00:54:44.245
So now it's more of a team effort,

1195
00:54:44.245 --> 00:54:47.725
and it's actually been much better when I do updates

1196
00:54:47.745 --> 00:54:48.805
for probation officers,

1197
00:54:48.805 --> 00:54:50.005
I do it right in front of my clients.

1198
00:54:50.125 --> 00:54:51.285
I don't do it once they leave,

1199
00:54:51.485 --> 00:54:52.925
I don't do it before they come in.

1200
00:54:53.155 --> 00:54:55.005
They know exactly where we stand.

1201
00:54:55.385 --> 00:54:57.965
If I gotta have a negative report, then they know this is

1202
00:54:57.965 --> 00:55:00.445
what it's gonna be, and we work on that together

1203
00:55:00.585 --> 00:55:01.765
before they leave my office.

1204
00:55:01.865 --> 00:55:03.725
So they, they don't leave thinking that, okay,

1205
00:55:03.725 --> 00:55:05.605
now she's gonna go tell them something that I don't know

1206
00:55:05.605 --> 00:55:06.685
what, what's being told.

1207
00:55:07.615 --> 00:55:10.315
The openness in the type of clinical work

1208
00:55:10.315 --> 00:55:12.755
that we do has been extremely helpful.

1209
00:55:12.915 --> 00:55:14.235
I know that's not a new concept,

1210
00:55:14.495 --> 00:55:17.075
but it's something that we've been practicing a lot more of.

1211
00:55:17.415 --> 00:55:19.475
And it's been very good.

1212
00:55:19.705 --> 00:55:22.395
It's been very, uh, there's been a lot of positive response

1213
00:55:22.395 --> 00:55:24.635
to that from all around.

1214
00:55:24.855 --> 00:55:28.755
Not just treatment, but legal, probation, health homes. Um,

1215
00:55:30.155 --> 00:55:31.155
Absolutely. So at this

1216
00:55:31.155 --> 00:55:32.715
point, we still, you know,

1217
00:55:32.735 --> 00:55:34.675
we mentioned a year and change.

1218
00:55:34.885 --> 00:55:37.075
We've really been kind of coming down the tubes with this.

1219
00:55:37.655 --> 00:55:42.155
Um, we, uh, don't have any real hard results yet.

1220
00:55:42.175 --> 00:55:44.275
You know, we've got people that are in the shape program

1221
00:55:44.465 --> 00:55:47.755
that we're, we're looking at in terms of some

1222
00:55:47.755 --> 00:55:48.795
of the measures of, you know,

1223
00:55:49.035 --> 00:55:50.955
ultimately outcome, but certainly retention.

1224
00:55:52.015 --> 00:55:55.555
And again, the satisfaction that we've mentioned of, uh,

1225
00:55:55.815 --> 00:55:59.515
the clients of the probation department

1226
00:55:59.695 --> 00:56:01.875
and the, the specialty court judges

1227
00:56:02.255 --> 00:56:05.875
and, you know, all, all positive feedback at this point.

1228
00:56:06.575 --> 00:56:10.195
We, we can't say, you know, at the end of the day yet that,

1229
00:56:10.375 --> 00:56:12.795
uh, less people commit crimes that are involved,

1230
00:56:13.495 --> 00:56:16.315
or less people relapse or less people go back to jail.

1231
00:56:16.855 --> 00:56:19.995
Uh, so we don't have those, those hard numbers yet,

1232
00:56:20.135 --> 00:56:21.315
but driving toward that.

1233
00:56:21.535 --> 00:56:25.005
But we do have our, our completed clients who have kind

1234
00:56:25.005 --> 00:56:29.245
of gone through some of the shape stuff from last year

1235
00:56:29.245 --> 00:56:31.045
to now who are now completing Mm-Hmm.

1236
00:56:31.345 --> 00:56:34.365
You know, are reporting more positive outlook

1237
00:56:34.905 --> 00:56:36.005
on their future

1238
00:56:36.225 --> 00:56:40.165
and have much more hope for what's to come for them.

1239
00:56:40.555 --> 00:56:42.165
Many of them are leaving us

1240
00:56:42.185 --> 00:56:46.165
and connecting with access vr, um, and training programs.

1241
00:56:46.595 --> 00:56:47.845
They wanna be connected

1242
00:56:47.845 --> 00:56:49.925
before they leave, so they have something

1243
00:56:49.925 --> 00:56:53.285
to focus on when they're gone from here treatment.

1244
00:56:53.305 --> 00:56:56.125
But we also have clients who are opting to stay on clients

1245
00:56:56.125 --> 00:56:59.485
who would never stay on for extra continuing care.

1246
00:57:00.445 --> 00:57:03.125
We do continuing care following a client's treatments if

1247
00:57:03.125 --> 00:57:06.405
they so choose for up to 12 months if they are not connected

1248
00:57:06.405 --> 00:57:09.005
to MAT where we would meet once a month

1249
00:57:09.425 --> 00:57:11.845
for a regular session just to do a checkin, see

1250
00:57:11.845 --> 00:57:13.845
how they're doing, if there's any struggles we need

1251
00:57:13.845 --> 00:57:15.445
to look at, if there's other things

1252
00:57:15.445 --> 00:57:16.485
that we need to put in place.

1253
00:57:16.545 --> 00:57:19.525
It is a completely voluntary 12 months

1254
00:57:19.585 --> 00:57:23.245
and they can stop at any time from month one to month 12.

1255
00:57:23.635 --> 00:57:26.605
I've got clients who've done a whole year, um,

1256
00:57:26.635 --> 00:57:29.485
initially bringing their treatment up to about

1257
00:57:31.035 --> 00:57:32.495
almost a year and a half, two years.

1258
00:57:33.075 --> 00:57:34.735
Um, and then they say, okay, I think I've got it.

1259
00:57:34.735 --> 00:57:36.135
And then I got clients who connect

1260
00:57:36.155 --> 00:57:38.175
for about three months and say, you know what?

1261
00:57:38.175 --> 00:57:39.335
I think I've gotten enough support.

1262
00:57:40.415 --> 00:57:41.995
So some of the clients

1263
00:57:41.995 --> 00:57:44.555
that are coming out now are looking at things a little bit

1264
00:57:44.555 --> 00:57:46.235
more differently than they would have in the

1265
00:57:46.235 --> 00:57:47.515
past per their report.

1266
00:57:47.695 --> 00:57:49.195
So one of the ones that I've talked to. Yep.

1267
00:57:49.215 --> 00:57:52.595
But it, it'd be good, it'd be nice to see once we've kind

1268
00:57:52.595 --> 00:57:55.435
of have, you know, more longevity in this program, like

1269
00:57:55.625 --> 00:57:57.675
what some of the consensus is.

1270
00:57:58.475 --> 00:58:00.035
Absolutely. I'll just close with, with this,

1271
00:58:00.035 --> 00:58:03.035
because we're running short on, on time here, close

1272
00:58:03.145 --> 00:58:08.115
with the, um, with, with the comment from, uh, staff that,

1273
00:58:08.335 --> 00:58:10.395
you know, when we, we come to clinical staffing

1274
00:58:10.455 --> 00:58:15.035
and, um, have had, uh, one of the counselors come in and,

1275
00:58:15.295 --> 00:58:18.155
and say something like, yeah, yeah, well I'm working with,

1276
00:58:18.155 --> 00:58:19.515
you know, this particular client

1277
00:58:19.735 --> 00:58:22.835
and, uh, you know, he's, he is still struggling a bit

1278
00:58:22.835 --> 00:58:26.235
with his drinking, but he is, he is showing some signs of

1279
00:58:26.905 --> 00:58:29.675
reduced use and some, some real nice periods

1280
00:58:29.675 --> 00:58:31.435
of some abstinence and so on.

1281
00:58:31.555 --> 00:58:32.715
'cause he is on probation.

1282
00:58:33.135 --> 00:58:36.155
But we've also been working an awful lot on his criminal

1283
00:58:36.155 --> 00:58:40.835
thinking and the client's identifying his criminal thinking

1284
00:58:41.255 --> 00:58:43.075
and using some dispute statements

1285
00:58:43.135 --> 00:58:47.195
and the counselor's identifying this, the, this same process

1286
00:58:47.655 --> 00:58:51.995
of talking about the criminal thinking, talking about some

1287
00:58:52.115 --> 00:58:54.915
of the behaviors that are, are, are part of

1288
00:58:54.915 --> 00:58:57.155
and correlated with, uh, the,

1289
00:58:57.255 --> 00:58:59.195
the criminal involvement that he's had.

1290
00:58:59.215 --> 00:59:01.315
So it's another subjective,

1291
00:59:01.315 --> 00:59:03.635
but those things kind of warm, warm me up a little bit,

1292
00:59:03.655 --> 00:59:04.835
you know, and the counselor comes in

1293
00:59:04.835 --> 00:59:06.875
and says, oh, we're talking about criminal thinking

1294
00:59:06.935 --> 00:59:10.355
and we're intervening and the client's aware of this and,

1295
00:59:10.575 --> 00:59:11.995
and looking to make changes.

1296
00:59:12.295 --> 00:59:16.075
So, so I think we are about out

1297
00:59:16.095 --> 00:59:18.475
of time. Yes.

1298
00:59:18.475 --> 00:59:20.075
You've brought us right to the end, Maria.

1299
00:59:20.245 --> 00:59:22.445
Craig, I want to thank you both very much

1300
00:59:22.585 --> 00:59:24.485
for presenting your work as well

1301
00:59:24.485 --> 00:59:27.005
as bringing some really great energy to today's webinar.

1302
00:59:27.945 --> 00:59:30.165
And I want to thank everybody who joined us today.

1303
00:59:30.245 --> 00:59:32.325
I wanna remind everyone that the slides

1304
00:59:32.385 --> 00:59:34.525
and the recording for this will be made available in the

1305
00:59:34.525 --> 00:59:36.085
Open Minds website starting tomorrow.

1306
00:59:36.865 --> 00:59:39.605
And that even though we're off next week for PS one

1307
00:59:39.685 --> 00:59:41.725
of our big events of the year, we will be back the week

1308
00:59:41.725 --> 00:59:44.885
after that Thursday, June 27th at 1:00 PM Eastern

1309
00:59:45.425 --> 00:59:48.365
for tech solutions for community support, team safety,

1310
00:59:48.365 --> 00:59:51.685
compliance, and oversight, the Well Life Network case study.

1311
00:59:52.145 --> 00:59:53.245
To register for that event

1312
00:59:53.245 --> 00:59:55.165
or for a full list of upcoming round tables,

1313
00:59:55.165 --> 00:59:57.645
you can visit the executive roundtables page,

1314
00:59:58.115 --> 01:00:03.005
located under the events tab@www.open minds.com.

1315
01:00:03.415 --> 01:00:05.325
Maria Craig, thank you again.

1316
01:00:05.365 --> 01:00:06.765
I hope you both have a wonderful weekend.

1317
01:00:07.225 --> 01:00:09.325
You too. You as well. Thank you. Thanks everybody.

1318
01:00:09.915 --> 01:00:10.405
Bye-Bye.